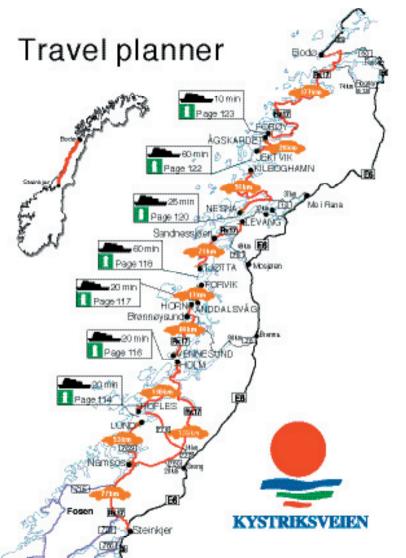
ENGLISH

Kystriksveien RV. 17: Steinkjer - Bodø



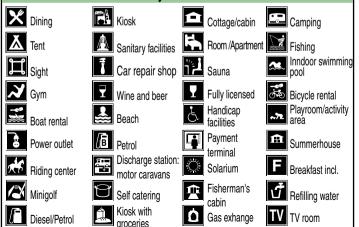
- Ferry timetables
- Maps
- Bicycling
- Accommodations
- Sights

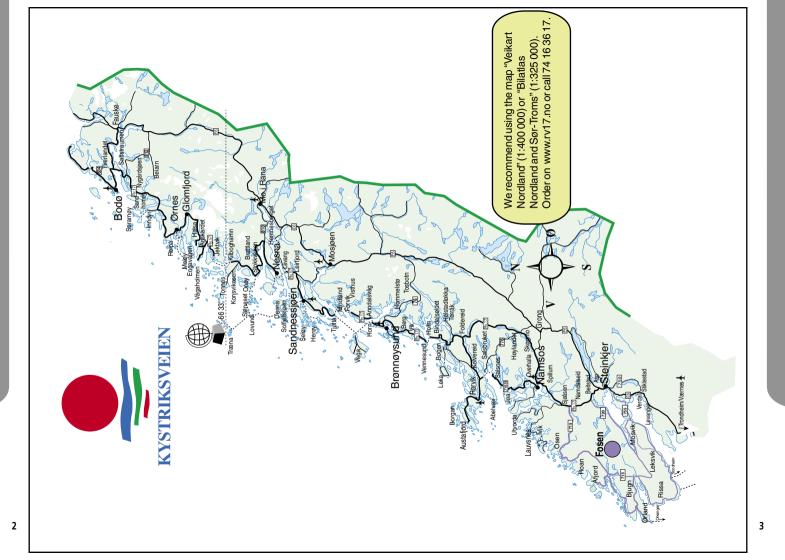


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Kystriksveien

Welcome to Kystriksveien. Starting in Steinkjer, in the heart of the friendly Trøndelag and it ends in Bodø. A total of 650 km. The northern part of Kystriksveien, Nordland, is called the world's most beautiful coastline. Experience it, and you will understand why.

Travel tips!

There are many adventures waiting for you along Kystriksveien, such as the maelstream Saltstraumen, the mountain Torghatten and the the mountain-range De Syv Søstre (the seven sisters). Spend a few days exploring the islands. We reccomend using the Kystriksveien travelbook in addition to this guide. Also visit our web site www.rv17.no and visit one of the many tourist informations along the road. They are listed in this guide under each municipality.

Maps and books.

Suitable maps and books about Kystriksveien are available on our webshop www.rv17.no

Kystriksveien Booking

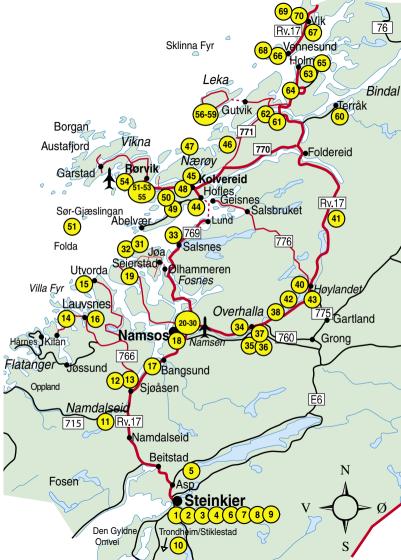
Now you can plan and book your holiday along Kystriksveien on the Internet.

Need help planning your trip? Contact us on 74 16 36 17 or email us at: post@rv17.no.

www.rv17.no









Steinkjer is the southernmost municipality along Kystriksveien. Steinkjer is situated along E6 and travel time to Trondheim is two hours by train or bus. To reach highway Rv17, turn off highway E6 towards Namsos just 6 km north of Steinkjer.

Steinkjer is the administrative centre and main town in the county of Nord-Trøndelag.

STEINKJER CHURCH

Steinkjer got a new church in 1965. The decorative style is untraditional. Particularly notable are the wall decorations



℟ 20477 ⊕ 1564 km² ⊥ Steinkjer Public service, agriculture and industry

and stained-glass paintings by the artist Jacob Weidemann, born in Steinkjer. The originals are exhibited in the town hall.

EGGE MUSEUM

Egge was a centre of power in the Viking era, and the local chiefs were strong opponents of St Olav's christening of Norway and the centralisation of power that took place around the year 1000. Today Egge is a unique ancient memorial site and has an active folk museum that enables you to combine cultural and natural adventures.

BØLAREINEN AND BARDAL ROCK CARVINGS

The Steinkjer area has some of the world's most famous rock carvings. Bølareinen is a 6000- year old, fullsize carving of a reindeer, located 30 km north of Steinkjer town centre, on road Rv763. More rock carvings, from two different eras, are found in Bardal on road Fv285 direction Sør-Beitstad. In the vicinity of downtown lies the Helge Field including large burial mounds and ancient memorial monuments.

NATURAL AND CULTURAL ADVENTURES IN STEINKJER

For the physically active we recommend canoeing and cave exploration. Visit Øver- Bjerkem to see a traditional Trøndelag farm and admire the traditional Norwegian costumes at the exhibition in "Bunadburet". Anglers can fish for free in 60 lakes. Dampsaga Bad, a large and modern leisure pool, is located near E6 in the town centre. For outdoor bathing, visit Paradisbukta, Hoøya and Kalvøy on road Fv285.

SPECIAL EVENTS

Steinkjer celebrates its 150th anniversary as a city in 2007. This is being commemorated with various special events throughout the entire year, whereas the anniversary week will be from 6 - 17 May (www. steinkjer2007.no). The Viking Festival will be held at Egge on 12 - 15 July 2007. The Steinkjer



Steinkjer

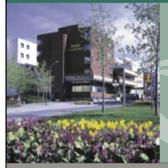
Festival on 17 – 19 August is a major festival with big name artists.

KYSTRIKSVEIEN INFO-CENTER

In the centre of Steinkjer, on the E6, you will find the tourist information and Kystriksveien Info-center. We provide you with free information, books and maps etc.

Innherred Tourist Office Kystriksveien Info-Center Open all year. Box 91, N-7701 Steinkjer Tel. 74 16 36 17 Fax: 74 16 10 88 Email: turistkontor@rv17.no http://www.visitinnherred.com www.rv17.no Email: post@rv17.no

QUALITY Hotel Grand STEINKJER



A full service hotel in the centre of Steinkjer Renovated in 2006

Kongens gt. 37, Postboks 3014, 7713 Steinkjer Tlf. 74 16 47 00 Fax. 74 16 62 87 Mail: firmapost@grandhotell.no www.choicehotels.no

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140-160 Kr 🕮

🟛 375-480 Kr 🚡



(2)

Boks 2073 N-7708 Steinkjer Tel. 74 16 20 45 - Fax 74 16 47 35 Email: g-book@online.no - www.rv17.no/guldbergaunet

170 Kr

40 Kr





Bjerkem

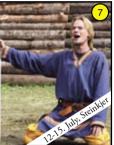
Øver-Bjerkem, N-7718 Steinkjer **1** 909 50 702 Email: berit@bjerkem.com **www.bjerkem.com**

600-750 Kr/ night

Accommodations on a traditonal farm. Self-catering apartments. Exhibition at Bundadsburet (national costums). Meeting facilities.







Vikingmarked, battles, children's play, enterteinment, Viking food and drinks. More information on www.vikingfestival.no

Egge Museum

Fylkesmannsgården N-7715 Steinkjer 74 16 31 10 Fax: 74 16 96 93 Email: post@eggemuseum.no www.eggemuseum.no



Living" museum every Sunday

Open: 9/6 to 19/8: Every day: 11.00 -16.00. Or by appointment. Addmission kr. 60,-Children under 12 years old: free. Groupes (min.6 pax) 50 Kr.. Family ticket 150kr.







 Phone:
 74 12 16 90

 Fax:
 74 12 16 91

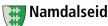
 Sagmesterv.
 2b

 7725
 Steinkjer



www.dampsaga-bad.no





Namdalseid is the gateway to the Namdalen Valley. We are located midway between Steinkjer and Namsos on highway Rv17. The district has lot to offer. with a varied landscape stretching from mountains to fiord.

GLASS WORKS

Aasnæs Glasværk, which was in operation from 1813 to 1883. In the main building (1840), you will find an exhibition of glass works by Anne Alltin. The glass production and its history are continuing through her glassart production today.

FLYFISHING

Some of the best rivers (Årgårds River, Øyenså River, Ferga River and more) small salmon are found here, and fly-fishing is very popular. Fly-fishing is considered an exclusive activity, and some practice is necessary in order to master the art. The local population was taught fishing by English anglers in the 1830s. Fishing licenses can be

👬 1749 🌐 766 km² 🏙 Namdalseid Public and private services, farming, commerce, tourism and industry,



purchased at establishments offering accommodation or at the Tourist Information Office.

OCEAN FISHING

Namdalseid has a coastline with excellent opportunities for fishing. Nord-Statland has a resort with modern accommodation in traditional fisherman's huts. where you can also hire boats.

WILDERNESS HOLIDAY

You will find large areas suitable for hunting, fishing and outdoor life.

Namdalseid Tourist Information c/o Sentrum Auto N-7750 Namdalseid. Tel: 74 27 82 50 Fax: 74 27 84 56



Sjøåsen

An exciting place to visit with glass art, gallery and a cafe in historic sourroundings.

> Open: 1. July - 15 August 11.00 - 1800 or by oppointment www.aasnes-glass.no tlf: 97 18 36 76

Sjøåsen Hotell

Sjøåsen, N-7750 Namdalseid **7**4 27 87 00 - Fax: 74 27 88 30 Email: sjoasen@argard.nu www.argard.nu

850 Kr **K** 740 Kr Fjord-Pass-Cat.B - All year!



Sjøåsen Hotel is loacted next to the river Årgårdselva, well







Flatanger is the southernmost coastal municipality on Kystriksveien. Turn off Rv17 at Sjøåsen and follow Rv766 to Flatanger.



Utvorda festning

Utvorda features a very nice restaurant whose specialty is seafood.

SIGHTSEEING

14

We recommend a visit to the lighthouse Villa Fyr or the Utvorda fortress. Villa, from 1839, was the last lighthouse with a coal fired flame to be built in Norway. Utvorda fortress was built during World War II and was the largest fortress on the Norwegian

Tourist Information, Flatanger County, N-7770 Flatanger, Tel. 74 22 11 10 - Fax 74 22 11 80 www.flatanger.kommune.no www.flatanger.net

coast. We recommend you hire a guide for the visit.

WHITE-TAILED EAGLE AND OCEAN FISHING

There are around 1,000 islands in the Flatanger archipelago. We recommend a trip with a hired fishing boat to the rich ocean fishing grounds. These voyages also provide a chance to see the majestic white-tailed eagle, of which there is a large population in Flatanger. We also recommend nature-safari. Contact the tourist office for more information or you can visit this website; www.flatanger.net.

There are many types of activities available or you may want to just enjoy the beautiful countryside. Activities include: Lake or sea-fishing, guided nature walks, archipelago cruises, diving, sea rafting, etc.



Einvika Overnatting og Havfiske

N-7770 Flatanger 74 28 83 47 - Fax: 74 28 83 09 Mobil: 970 10 490 - 908 49 677 Email: rheinvik@online.no www.einvika.no

Deep sea fishing -Sightseeing - Fisherman's Huts - Apartments kr. 595 - 1275

14



Sjøbua Spiseri A/S

- Seafood Restaurant Utvorda havn N-7777 Nord-Statland ☎ 74 28 88 54 Fax: 74 28 88 55 Email: eigrand@frisurf.no

• Dinner from kr 110-190

- House for rent sleeps 15 pers.
- Ocean fishing
- Next to a coastal fortress from
- World War II.

Norway Nature c/o Ole Martin Dahle 7770 Flatanger 74288135 Mobil: 90696473 E-post: om-dahle@online.no www.norway-nature.com



Norway Nature offers guided tours for amature and proffesional nature photographers. We have 5 hides located in the area around Flatanger, 3 for white-tailed sea eagel, one in the forrest and one on the mountain. Our speciality is the white-tailed sea eagel and we operate boat trips that will give you some fantastic pictures.





THE NAMDAL (OAST - Wild, active and challenging

This adventure coastline – with the wild and beautiful stretch of water known Folla – is the Kingdom of the Thousand Isles! This is a world of contrasts – the wild ocean with a multitude of islands, surrounded by white sandy beaches and enveloped in the special light that so many come here to experience. Not much separates the sea from the sky out here on the coast, just small and strangely fertile strips of granite. The exception is the saga isle of Leka, a characteristic reddish yellow serpentine rock rising from the sea – a geological marvel with parallels to Cyprus and New Zealand.

This island landscape offers a range of maritime activities: Ocean paddling among the many islets, sailing and ocean rafting. There are plenty of opportunities for fishing – the area is particularly well-known for its rich stocks of spawning cod. However, you can also enjoy the open ocean towards Folla from land, for instance while cycling or rambling.

The contrasting landscape of the countryside is richly spiced with historical sites and exciting attractions. Visit Northern Europe's first known cave paintings on the island of Leka, historic fishing villages such as Sar-Gjæslingan and Nordøyan that welcome visitors, to say nothing of Norveg in the coastal town of Rørvik, the Millenium Site in Nord-Trøndelag and coastal Norway's most spectacular construction! Should "urban" needs make themselves felt, then these can be satisfied in full in the coastal town of Rørvik, in Namsos or in "Norway's smallest town" of Kolvereid! Need we say more?

Welcome to the Coast of Namdalen

CHALLENGING

AND

ACTIVE

WILD,

www.namdalskysten.no

 Image: Mark Structure
 Image: Mark Structure

 Image: Mark Structure
 Image: Mark Structure</td

Namsos is the major town of commerce in Namdalen, and serves as the traffic hub connecting Rv17 and Rv769. There is a connection to Trondheim via ExpressBus, bus service to Steinkjer and Levanger with train connections to Trondheim. Regional airport serviced by SAS Widerøe. Express boat service to Jøa, Abelvær, Rørvik and Leka.

SIGHTS AND SHOPPING

Namsos has a candle factory, Namsos Lysstøperi, in the delightful old roundhouse; you can see candles of all different shapes and sizes. In the culture center, there is a major gallery with a museum shop with local artists. Oasen, is an attractive swimming pool inside a mountain. In Namsos you can visit Norway's only museum for steam-operated sawmills, Spillum Dampsag og Høvleri, which has been operating in the same way for 40 years. You should also visit Namdalsmuseum, the district museum for the



Namsos

Photo: Waclaw Kusnierczyk. whole Namdal area, where the exhibitions include Norway's only historical collection of

ISLAND HOPPING

hospital equipment.

With the coastal express Namdalingen you can bring your cycle, hop on board and explore the Namdal archipelago. You can go ashore at Jøa, Leka and the islands Sør- Gjæslingan or continue to Rørvik, and visit the national coastal culture center Norveg.

OTTERØYA

Otterøya is the main part of Namsos coastline. Here you will



find the worlds northernmost deer population with over 600 deer. Otterøya is also an attractive area for fishing in the fjord, either in a boat or from shore. On weekends there are fresh shrimps and dancing at Finnanger wharf.

SALMON

The queen of rivers, Namsen, is well known for its good salmon-fishing, but there are also several other smaller rivers. At Otterøya you can experience traditional salmon fishing at sea. Please contact the tourist information for information on fishing licenses.

WALKS AND SCENIC VIEWS

Only a 20 minutes walk away from down town, is the mountain top Klompen. You can also drive all the way to the top. At the foot of the mountain Klompen you will find the park Fredriksbergparken with bunkers inside the mountain



in addition to other traces of military activities. The most fit walkers can walk the trail from the park to the mountain top

SPECIAL EVENTS

19 May Dance Gala in Namsoshallen Cultural Center 8 – 9 June Festival Days in Namsos 15 – 19 August: Namsos Market Days

Kystriksveien Reiseliv AS / Tourist Office for Namsos, Fosnes and Overhalla

Skysstasjonen, Dampskipskaia Boks 478, Sentrum N-7801 Namsos Open all year. Tel. 74 22 66 04 - Fax: 74 22 66 09 www.namsosinfo.no www.namdalskysten.no

Selnes Camping

N-7822 Bangsund 957 34 501 Email: john63@frisurf.no www.selnescamping.no



■ ■ 150,-/night ▲ 100,-/night € 20,-/night

Namsen Motor Hotell

Navarveien 2, N-7820 Spillum Tel: 74 22 66 10 Fax: 74 22 66 11 Email: post@namsenhotell.no www.namsenhotell.no



Finnanger Brygge

N-7819 Fosslandsosen Mobil: 959 35 424 - Fax 74 28 49 29 Email: hafinna@online.no Web: www.finnangerbrygge.no

Apartments by the sea !

Apartments with 2 bedrooms (sleeps 5 people) TV, fridge/freezer, shower/toilet. Night: kr 950,-Week: kr 5600,-

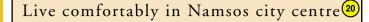
Boat rental by appointment





www.finnangerbrygge.no Fantastic location by the skerries on Otterøya

18















Carl Gulbransons gt. 19 - Box 98 - N-7801 Namsos Tel. 74 27 21 31 Fax: 74 27 14 48 Email: gjestgiv@online.no





NAMSOS

Four star campingsite with 31 cabins. 40 caravan sites and a first class tent area.

Salmon fishing, seafishing and a beach.

Canoe rental, bikerental, pedal boat rental as well as trollev cicle rental. Play area and minigolf.





Namsos Camping as

Box 408, N-7801 Namsos. Tel. 74 27 53 44 Fax: 74 27 53 93 Email: namscamp@online.no www.pluscamp.no/namsos

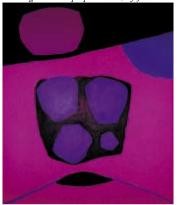


Nord-Trøndelag Fylkesgalleri - Namsos Kulturhus

N-7800 Namsos 74 21 73 30 - Fax: 74 21 73 01 Email: fylkesgalleriet@ntfk.no www.fylkesgalleriet.no

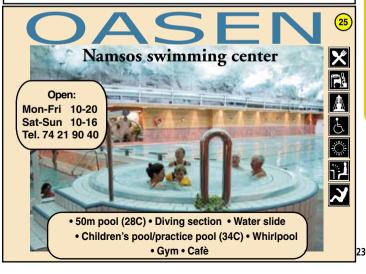
Sales exhibition of works by Norwegian and international artists. You will also find an artshop and exhibitions from the gallerie's own collection emphasizing local art and crats.

Opening hours:	
Mon, Tues,	14
Wed, fri: 11-16	[
Thur: 11-18	
Sat: 11-15	
In July also: Sun: 12-16	
))	



"Blått og svart mot purpur helios", by Johs, Rian

24





New! We print pictures and logos on candles. Mon - Fri: 10 - 18 Sat: 11 - 16 Sun*: 12 - 16 (*June - Dec.)

Norsk Sagbruksmuseum

Spillum Dampsag & Høvleri

The museum is located beautifully by the fjord Namsenfjorden, where Norway's first sawmill was located. At the museum, established in a sawmill from 1884, you can experience the mill as it was before 1947. The production is still run by old machinery.



27

Open: 18/6 - 18/8: Tue-Sat. Rest of the year: Monday - Friday. Guiding available: 10 - 12 - 14 - 16. Groupes by appointment.

N-7820 Spillum Tlf. 74 27 13 00 Fax: 74 27 60 59 www.museumsnett.no/sdh norsk.sagbruksmuseum@namsos.online.no.

A shopping center with a great variety⁽²⁸⁾

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Fashions for colorful people!

52 shops • 650 park.slots • Liquar stor3• Open 10-20 (18) www.namsos-storsenter.no • tlf 74 21 44 40

NAMSOS STORSENTER 25

29



Express boat trips from Namsos, Jøa and Rørvik!

"MS Namdalingen" takes you to Namdalen's fjords and skerries. The regular routes takes you between Leka, Rørvik, Abelvær, Jøa and Namsos. Roundtrips all year from Namsos to Rørvik and during the summer you can enjoy roundtrips from Namsos, Jøa and Rørvik to the islands Sør-Gjæslingan.

Monday-Friday	Saturday from 26.	518.8.*	Sunday from 27.5	19.8.*
(all year)	From Namsos	09.30	From Rørvik	12.00
From Namsos 11.45	To Jøa	10.00	To Sør-Gjæslingan	12.35
To Rørvik 13.00	To Sør-Gjæslingan		From Sør-Gjæslingan	14.20
	From Sør-Gjæsling	an 13.15	To Rørvik	14.55
	To Jøa	14.00		
From Namsos 16.00	To Namsos	14.30		
From Rørvik 17.15	 Reservations: 74 			
To Leka 18.15	*) Children under 1	6 years a	companied by an adu	ult: free

Sør-Gjæslingan

Stay in a fisherman's hut. Booking: 74 39 04 41. Outbound: Saturday, Wedensday or Friday. Return on Saturday or Sunday.

Visit the island Jøa on bike!

Departure on Saturday 09.30. Return to Namsos 14.00. Four hours on Jøa. A biking map is available at the touristinformation or on board. No charge for the bike.



www.ntsasa.no

℟ 714 ⊕ 540 km² ┙ Jøa
 Sea-farming, agriculture and tourism.

Highway Rv 769 out of Namsos takes you to Fosnes municipality and Salsnes on the mainland. Follow Rv 777 to Ølhammeren. You arrive on the island of Jøa following a 5-min. ferry ride. Express boat service from Jøa to Namsos, Rørvik and Leka.

Iøa is known as the land of Olav Duun. This landscape gave inspiration to his writing. Olav Duun's childhood home is in the municipal centre of Dun, here you will also find a memorial to the author. "Siglurd", a traditional Norwegian sailing vessel represents a further development of the old Viking ships. Siglurd and MS "Straumingen", a restored wooden fishing vessel have their home port at Brakstad Harbor, which also has its own pub. Other attractions: Fosnes Rural Museum, The Peat House Museum at Skjærvikskorsen, a Middle Ages farm at Tranås, historical monuments at Hovssjøen and Fosnes.

JØA

The island of Jøa has minimal road traffic, which makes it extra well suited to cycling. The terrain is varied and offers numerous alternative routes

Fosnes



Brakstad harbor, Jøa Photo: Jørn Gåsvær

with ocean views and marsh covered countryside. Easy to navigate thanks to cycling map and clearly marked signs. Regular free-of-charge sailing trips aboard "Siglurd" departing from Brakstad Harbor. Rental of sea-kayaks and row-/sailboats.

SALSNES

On the mainland we find Salsnes, and the guesthouse Salsnes Kro Rv769. Salsvatnet is Norway's second deepest lake with a depth of 464 metres. The Salsnes area offers a wide choice of wilderness activities, e.g., canoeing on Vassleia and a heritage trail along the North Sea and the Folla sea.

Kystriksveien Reiseliv AS Turistkontoret for Namsos, Fosnes og Overhalla

http://fosnesinfo.no www.namdalskysten.no Kystriksveien Reiseliv AS See page 18



℟ 3493 ⊕ 717 km² ▲ Overhalla
 Culture, tourism, agriculture and industry.

Overhalla is situated at the junction of highways Rv17 and Rv760. Bus service to Grong and Namsos. Short distance to regional airport in Namsos.

ATTRACTIONS

At Bertnem farm by the Namsen River, on Rv760 towards Grong, there are three monumental hills dating from the Iron Age (550-800 AD). Bertnem was considered a king's estate or chieftain's seat for large parts of the Namdalen Valley during the Merovingian period. Parking and information.

The lovely Ranem church is more than 800 years old. It is constructed in Romanesque style from rocks with a marble base. The altar piece, dating from 1678, is very beautiful and special. Open in July 10-15 pm. About 2 km from Overhalla

Photo: Terje Rakke





you find Haugen Keramikk, with a pottery workshop and sales exhibition. New salmon museum will open during Summer 2007.

SALMON FISHING IN THE NAMSEN RIVER

Namsen is one of Norway's best salmon rivers. It separates the municipality of Overhalla in two sections. Salmon fishing in the Namsen and Bjøra Rivers is a great attraction. You can fish from land; try fly fishing or fish from a boat at very reasonable prices. Fishing licenses are available at the local sports dealer, who also keeps records of the sizes of salmon caught. The tourist information in Namsos will help you find available salmon fishing.

ACTIVITIES

Nice hiking in the Vesterå area and Skistad (Øysletta) on the southside of Namsen. Near Haugen Keramikk and Grande Gaard is Namdal Golf Club's 9-hole, self-service golf course. Paintball and Gocart in Skage.

Kystriksveien Reiseliv AS Turistkontoret for Namsos, Fosnes og Overhalla http://overhallainfo.no Kystriksveien Reiseliv AS See page 18



Overhalla Kjøpesenter

Next to the roundabout in Overhalla!



OVERHALLA AS

Bike repair/shop

SALMON FISHING

We update our "Salmon score" every day during the salmon season, for the rivers Namsen and Bjøra

Tips and advice from people who know salmon fishing. Norway's best selection of salmon wobblers. Fishing licence.

Tel: 74 28 15 75 Email: post@overhalla.g-sport.no www.namsen.org

SPAR - Grocery store - AGA Propan

- Medicine - Post office
- **Ö**

Tel. 74 28 12 03 Email: spar.overhalla@ngbutikk.net



Tel.74 28 16 66



Cafè
 Books
 Maps

Welcome to Overhalla shopping center!



Open class photo competition. Choose your own subject/theme. We prefer digital pictures, but slides and prints are also accepted. All images submitted to the competition may be used at the discretion of Kystriksveien Reiseliv. Received pictures (not digital) will be returned. Deadline: 1 October 2007.



1- Prize: Digital camera value kr. 2500, 2- Prize: Digital camera value kr. 1000, 3-6 Prize: Book prizes.



An active agricultural village, situated along the Coastal Route Rv17 on the way from Namsos to Nærøy. Also accessible from E6 in Grong via Rv775, while the route further west via Rv776 towards Salsbruket/Nærøy is also enjoyable.

REVUE CENTER

Mostly renowned for the Norwegian Revue Festival held every other year. The next festival will be 4 - 8 July 2007, see www. revy.no. In addition to being home to the Norwegian Revue Center, Høylandet town center also features; stores, workshops, post office and banking services as well as overnight accommodation at Revyrikets Guest House and Børstad Farm. Several camping sites and farms offering rentals along highway Rv17 in both directions.

ATTRACTIONS

The Høylandet Church (1860) is home to Høylandsteppet dating from the 1100s, a rare woven fabric based on middle age church art (here in the form of a reproduction). Grongstadfossen Waterfall (75 m) near Høylandet town centre along with the distinct Hammer Bridge (1925), probably the world's second longest





Hammer bridge.

"covered bridge".

OUTDOOR ACTIVITIES

Dozens of marked hiking trails in the summer and one of the region's best networks of ski trails in the winter. Reasonablypriced fishing of trout and Arctic Char, many fishing lakes and ice-fishing in the winter. The River Søråa, a tributary stream of the Namsen River, offers visitors good and intimate salmon fishing. Fishing permits and boat rental is available at petrol stations and campgrounds. Sales of traditional local foods and handicrafts are available in the summer.

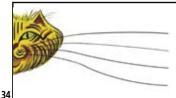
Tourist Information

Høylandet Municipality 7977 Høylandet NORWAY Tel: +47 74 32 22 00 Fax: +47 74 32 22 01 Email:postmottak@hoylandet. kommune.no Statoil Service Sørsia NO-7977 Høylandet Tel: +47 74 32 10 00



Rosendal Camping	^	250-280	Kr ⁴¹
N-7977 Høylandet	æ	80	Kr
7 4 32 26 50		80	Kr
70 km south of Holm, 25 km norht of Høylandet center.	Å	80	Kr
≏▣◬◭◪◗◗◧◸◜	3	20	Kr





Galleri Kåret N - 7977 Høylandet **7** 74 32 12 90 Gallery with graphic art and pottery 2,2 km south of Høylandet centre.

(43)

🕅 5154 🌐 1072 km² 🏙 Kolvereid Agriculture, sea farming, shipbuilding industry.

The municipality center Kolvereid is Norway's smallest town!

NÆRØYA CHURCH

During its thousand-year history Nærøya (Njord's island) has been a religious, administrative and financial centre in Namdalen. On the island we can find ruins from one of Norway's oldest stone churches, St. Maura, which dates back to the 11th century. To get to the island please contact the local tourist office at the town's library for information on boat service.

SCENIC ROADS

Landnåmsvegen between Rørvik and Abelvær has lots to offer. Here you will find local cheese production, galleries, and much more. Hundhammerfjellet is an excellent place to visit for a good view and to see the largest series produced windmill in the world. This adventures road has lots to offer and they have produced their own brochure. You can also visit the knitting factory Nistec in Risvika. Skrøyvdalsveien





(776) between Høylandet and Geisnes has a great variety of nature. One of the sights is the waterfall Skrøyvstadfossen (60 meter), which gives you a moist and strong experience. Experience salmon fishing in the river Opløelva at Salsbruket, and the potholes near Galtneset. The small town Abelvær has a very nice beach and you can golf at Ottersøy.

OTHER ATTRACTIONS

Remmastrauman old waterways connects several fjords in Nærøy and can be explored by boat or by foot. The historic trail at Smines close to Lund is also recommended.

Tourist Information

Nærøy Library Tel: 74 38 26 90 or Nærøy municipality, Attn: service office Tel: 74 38 26 00 N-7970 Kolvereid Email: postmottak@naroy.kommune.no Internet: www.naroy.kommune.no





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Exploring Namdalskysten!



We offer tours to (47 explore the outpost Sklinna and the Vikna area. Experience the nature on Namdalskysten coastline, a moment to remember. We take up to 50 pax.

Tel: 74397207 Mobil: 90162948 Email: a-nubdal@online.no www.marinsafari.com

For more infomation and regular tours visit our homepage.

Kolvereid Fjordhotel

N-7970 Kolvereid 74 38 25 50 - Fax: 74 38 25 51 Email: booking@kolvereid-fjordhotel.no www.kolvereid-fjordhotel.no

Welcome to a nice stay, and enjoy our good food service.

A nice place for fishing and other out-door activities.

🗶 🎙 TV F 👌 🖣 🕅



Weekend: 650 Kr Weekend: 780 Kr Strandval Pottemakeri Pottery by Bente Høydahl and Per Arne Sørli

KK.

8/8-26/6: 1090 Kr

780 Kr

27/6-7/8-

8/8-26/6:

650 Kr

980 Kr

49

27/6-7/8:

Open all year: Monday - Saturday: 10 - 18 In the summer season also Sunday: 12 - 16

Strand 7970 Kolvereid Tel: 74 39 42 40 / 918 12 074

Varø Gardsmeieri

N-7944 Indre Nærøy 🛣 74 39 44 92 Email: varo@gardsmeieri.net - www.gardsmeieri.net



Farm shop Varø Brie, Namcam Varø Blue, Varø yellow cheese, Arnøyfjord, Marinaded cheese etc. Open 12 - 18

Apporoved Norwegian ecological product



We serve groupes on request.

🕤 Vikna

Rørvik's new "highlight" – Norveg – towers majestically over the harbour area and represents coastal Norway's most spectacular architectural work and museum. This is also where the north- and southbound Coastal Express ships meet up every evening.

COASTAL CULTURE

Experience local history firsthand and join a guided excursion through the Coastal Museum in Nord-Trøndelag featuring Woxeng's Collections and numerous historical buildings in Rørvik's city center. At the Norveg regional museum and cultural center, 10,000 years of history are presented through a fascinating exhibition. The Norwegian Telecom Museum imparts the history of telecommunications in Norway. Make the trip to the municipality's two protected fishing villages; Sør-Gjæslingan and Nordøyan.

"ISLAND HOPING"

Vikna's unique archipelago features 6,000 islands, and offers visitors various activities including ocean fishing, canoeing, kayaking, rafting, diving, hunting, cycling and tour walk-

℟ 4011 ⊕ 317 km² ┙ Rørvik Fisheries, Aquacult., Commerce, Serv./Travel

ing. Regular boat service during the summer season transports guests out to the national-heritage fishing village of Sør-Gjæslingan. It is also possible to charter boats.

SPECIAL EVENTS

The annual cod spawning season and ocean-going traffic along the shipping lanes have served to shape the history of this municipality and form the origins of two yearly events: "The Cod Festival" in March and "Coastal Express Day" during the transition between June and July.



Norveg - national coast museum.

 Tourist Information - 7900 Rørvik

 Tel: 74 36 16 70 / 74 39 33 00

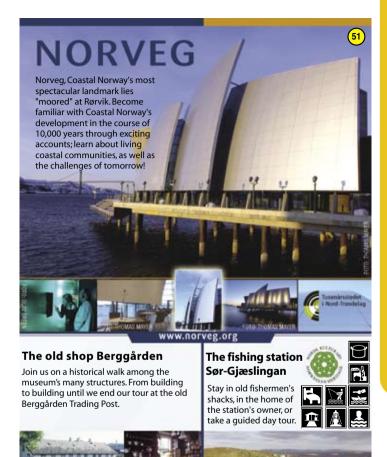
 Fax: 74 39 00 70

 Email: turistkontoret@norveg.info

 www.namdalskysten.no

 www.vikna.kommune.no

 www.viknanett.no



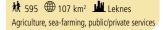
orvea, N-7900 Rarvik

iel: +47 74 39 04 41 Fax: +47 74 39 22 72

contakt@norvea.org_www.norvea.org









elser BA, Tel: +47 917 75 104. Visit the Leka Local Museum to check out its large boat collection (open July) and Leka Steinsenter (Minerals and Rock Center), which provides some amazing insight into Leka's geology.

The coastal municipality of Leka consists of Gutvik on the Austra peninsula and the island of Leka. Leka is accessible via ferry from Gutvik (20 min. driving via Rv 17) or express boat from Namsos.

On the island you will find in-store postal and banking services. There is daily express boat service and a nice guest harbor for visiting boats. There are a variety of good overnight accommodations.

SITES OF INTEREST

Solsemhula, a cave with wall paintings from the stone age, is only accessible with a guide. Guided tours on Saturdays at 14:00 between 19 May 07 – 25 August 07. Meeting place: Solsem. Beyond opening hours, for guiding in German or larger groups, contact Leka Oppley-

Island of sagas, Leka offers vou some beautiful outdoor experiences and enormous rock formations to explore. The red. serpentine mountains make the island one of Norway's most unique and most beautiful to behold. On Leka you can experience preserved marshes. amazing geology with a specially designed geology path, salt and fresh-water fishing, the Herlaug ship graveyard and a wide variety of historical monuments. There are numerous marked walking paths on Leka and in Gutvik. Tour maps showing all of the walking paths may be purchased in local stores.

Tourist Information

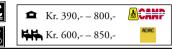
Husby Handel, N-7994 LEKA Tel: +47 74 39 97 70 Leka Motell og Camping N-7994 Leka

T 74 39 98 23 Email: post@leka-camp.no www.leka-camp.no Stone cabins and caravan spaces with pano-



ramic view. Spacious rental boats with windshields and roofs (15 - 40 HP 4stroke motors). Stone Center with exhibition, opening hours Tuesday, Thursday and Saturday: From 12:00 - 14:00 in July. Otherwise, Saturdays: 12:00 - 14:00.





Nausthaugen Hytter N-7994 Leka

a 74 39 98 96

Email: kowalk@frisurf.no www.nausthaugen.no

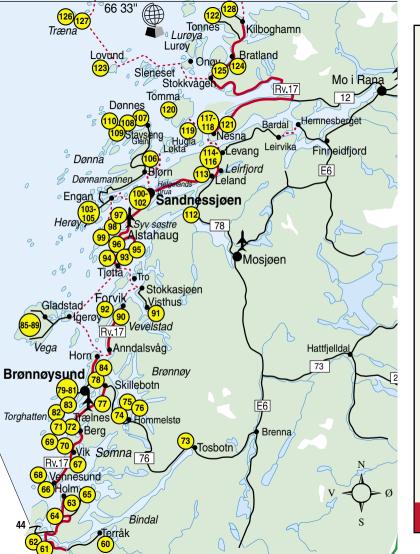
100	LUC	5 CA
	6 persons Night: 750,- Boat rental	Week: 4.500,-

Husby Handel AS Open: 58 N - 7994 Leka Mon-Fri: 0900 - 2000 T 74 39 97 70 1,5 km from ferry port Saturday: Fax: 74 39 97 52 0900 - 1800 Sunday: 1500 - 1800

Vertshuset Herlaug Skei, N-7994 Leka **2** 74 39 98 09 Fax 74 39 98 10 Email: vida-fu@online no

43

The guesthouse is located next to Herlaugshaugen (grave-mound), Leka Museum and the ferry port.





Bindal



Bindalsfæring

Bindal, the southernmost local authority in the county of Nordland, has just over 1.700 inhabitants and borders on the county of Nord-Trøndelag in the south.

Bindal has a varying and beautiful nature. The area has agriculture, fishing and industry. The old tradition of building the four oared boat Bindalsfæringen is kept alive. The door and timber company Bindalsbruket AS is the largest single employer in the area with around 100 employees. There are plenty of lodgings in Bindal, including a camp site, cabins, houses and hotels, many with fishing opportunities and boats.

The Bindalsfjord has a great variety of fish and is popular with both visiting and local fishing enthusiasts. There are also numerous fishing rivers and lakes that

offer great opportunities for a peaceful and relaxing nature experience in beautiful surroundings. From the peak of Heilhornet, 1.058 metres above sea level, you can see far across the ocean, mountains and towns on a clear day.

統 1741 ⑪ 1262 km² Ш Terråk

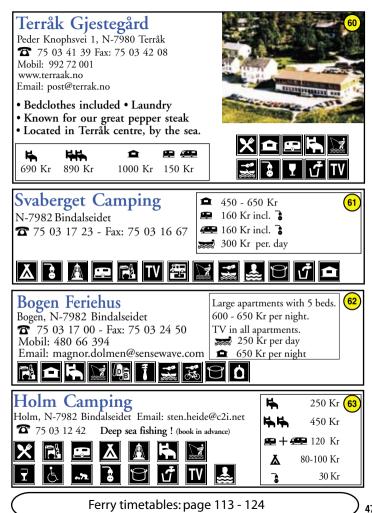
Agriculture, industry and services.

THE NORDI AND BOAT REGATTA

Every year during the last weekend of June, Terråk is host to a regatta of traditional Nordland boats. It is Norway's largest muster of Nordland boats.

Tourist Information for Sør-Helgeland Destination Helgeland as: Tel: 75 01 80 00 - Fax: 75 01 80 01

Bindal municipality Tel: 75 03 25 00 - Fax: 75 03 25 09 Email: postmottak@bindal.kommune.no http://www.bindal.kommune.no



Heilhornet Gjestegård

Kjelleidet, N-7982 Bindalseidet **7** 75 03 20 80 - Fax: 75 03 20 90 Mobil: 480 63 000 Email: heilhornet@combitel.no

Dinner served until 24:00

Our meny offers meals of moose, deer and reindeer.

We also have fish every day as well as meat of whale.

from 350 Kr from 750 Kr incl. breakfast incl.breakfast Family rooms from 850 Kr Motorhome parking 70-100 Kr

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TV 🏛

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Røytvoll Hytte og Båtutleie

Røytvoll, N-7982 Bindalseidet **7** 75 03 11 25 - 75 03 11 34 Fax: 75 03 11 25 Email: kurtabro@sensewave.com

350 Kr

400 - 750 Kr

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250 Kr ex. fuel /**B** dia ta

Booking: www.rv17.no



₩ 2048 ∰ 193 km² ₩ Vik



Vennesund

Norway's geographical centre is 7.3km south of Torghatten in Sømna.

The Kystriksveien runs through the municipality and Vennesund - the gateway to the Helgeland coast from the south. Here you will find Sømna's contribution to "The Northbound Trail" project, comprising an exhibition on the coastal culture, a sculpture Olavskilden (healing natural spring), a restored house with a cafeteria on the wharf; collection of local boats; and a stone pile from the Bronze Age. Boats are also for rent for fishing and sightseeing, or you can enjoy a meal in the cafeteria on the wharf.

Sømna 🔐 SØMNA FARM MUSEUM

In the municipal centre of Vik we find the Sømna Farm Museum which presents the activities of the farming fisherman. Close to the Farm Museum you can also buy local arts and

handcraft. Vik has an inn and guesthouse with lodgings. Berg is another town with a petrol station/ car repair facilities and a bank. If you are looking for good trout fishing there are several possibilities nearby. If you are physically handicapped there are prepared trails at Lake Holandsvatn, Øyan, a canoe dock at Sundshopen and a floating dock at Berg. Sømna offers prepared trails to beautiful nature experiences.

Tourist Information for Sør-Helgeland Destination Helgeland as: Tel: 75 01 80 00 - Fax: 75 01 80 01

Sømna municipality Tel: 75 01 50 00 - Fax: 75 01 50 01 www.somna.kommune.no





Sømna Kro og Gjestegård **7** 75 02 94 60 Fax: 75 02 94 70 Email: post@somnakro.no

From 430 Kr pr. pers.





Looated in the community center Vik, 30 km south of Brønnøysund.



Monicas Pottery

Tel. 412 15 530 (also outside opening hours) monica@monicaskeramikk.no www.monicaskeramikk.no

Ellen's Shop

www.ellensbutikk.no

Tel. 75 91 02 85 - 970 05 625

Welcome! Sales display. Quality pottery and raku. We also serve coffee.



RTIGRUTEN

www.hurtiaruten.com

71

Sale of handycrafts and homemade baking from a woodfired stove. Transportation to Torghatten available. Yarn - Janome sawingmachines - Handcoloured fabrics ømna Open: 10-17 Mon - Fri. 11-15 Sat.

Trælnes - N-8920 Sømna



Coastal Pass: Adults NOK 850 Children NOK 650 Valid for June, July and August. Add NOK 100, and you can bring your bike, cance or kayak. Valid 10 days from the day of purchase. Only for passengers.





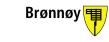
 ℟ 7565 ⊕ 1004 km² → Brønnøysund
 Public and private services, agriculture and mining.

Brønnøysund is Sør-Helgeland's regional center with all the services you might need. The Coastal Express services Brønnøysund daily in the afternoon, and always creates a "special feeling of excitement" on the dock. The city's local airport enjoys several daily departures to the north and south, along with numerous daily bus connections to Sandnessjøen, Mosjøen and Namsos.

Brønnøy features a variety of business activities, and agriculture is still a key industry in this municipality. Brønnøy's other industries range from marble operations to aquaculture to a well-established offering of services. The Brønnøysund Register Centre is one of Norway's largest employers with more than 400 employees.

TORGHATTEN

Tradition has it that the hole in Torghatten was made by an arrow from Hestmannen - the "Horse-man". The Saga also narrate how the many mountains along our coast came to be. The hole in Torghatten is 166 meters long, 75 meters high and up to 28 meters wide. Torghatten is situated about 15





km from Brønnøysund. There is a groomed trail up to the hole (about a 20 min. walk). Proceed at your own risk.

HILDURS URTERARIUM

Just north of Brønnøysund, near Tilrem, we find Hildur's Urterarium, a food, wine and herb farm. Sales of light lunch meals prepared in the baker's oven in the garden.

TOSENVEIEN ROAD

We recommend a trip to Velfjord. Take the "Tosenveien" - Rv76. At Nevernes you can visit Nevernes Harbour and one of Northern Norway's oldest wooden churches (1674), located 2 km west of Hommelstø. We also recommend a visit to Velfjord museum, 4 km southeast of Hommelstø. There is also an interesting pottery shop in the area. The Tosen Fjord



Brønnøy

takes you through some untamed and beautiful nature on the way to Tosbotn.

TRÆLNES

In this village about 30 km south of Brønnøysund, you can visit Monica's pottery. Also visit nearby Ellen's Boutique with a sales exhibit in Trappen Gallery featuring hand- crafted textiles and sale of home-baked goods.

MINI CRUISE WITH THE COASTAL EXPRESS FERRY HURTIGRUTA

Departure every day at 17.00 from Brønnøysund to Rørvik, where the north- and southbound coastal express ferries meet. Return to Brønnøysund at 00.30. Tickets should be bought from the tourist information office, which also has information about other boat and fishing trips.

LOMSDAL

The Lomsdal river is unique in western Europe, and there are plans to make the area a national park to protect its unspoiled wilderness.



"FJELLTRIMMEN" MOUNTAIN TRAIL

Brønnøy offers excellent opportunities for hikes up the steep mountains and green hills. "Fjelltrimmen" comprises 10 marked routes to peaks in the area, ranging from 150-800 metres above sea level. Route details available tourist information office.

OUTDOOR ACTIVITIES

Urstabben is great for bathing and excursions. There are routes marked in the area. Turn off from highway Rv 17 about 6 km south of Brønnøysund.

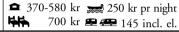
Tourist Information for Sør-Helgeland Open all year. Destination Helgeland as: Tel: 75 01 80 00- Fax: 75 01 80 01 www.visithelgeland.com Email: post@visithelgeland.com Tosbotn Fiskecamp

7 75 02 61 50 Fax: 75 02 67 46 www.tosbotn-fiskecamp.no

Idyllic located in Tosenfjorden, surrounded by wild nature.

≗≀≝ Froed A X





Aarstrand Fjordferie N-8960 Hommelstø 1 41 61 38 00 - Fax: 94 98 06 66 Email: sigmund@aarstrand.no www.aarstrand.no

Attractive place on the seafront. Comfortable apartments with made beds. We have a private jetty and boats for rent with 20-40 hp. Satellite TV and wireless broadband. Hommelstø

is situated in Velfjord, 23 km from Rv17 along Rv 76 - Tosenveien, a crossing from the E6.

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Apartments 2 pers: 800 Kr 4 pers: 1200 Kr

Skareldåret Pottery

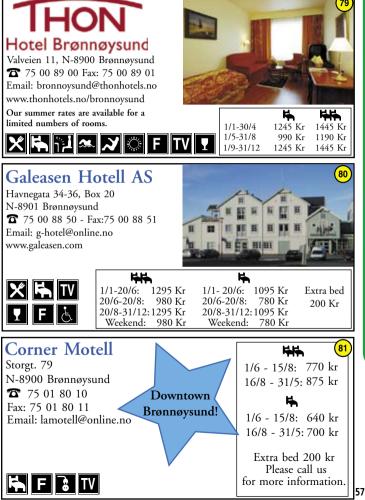


3,4 km north of Hommelstø, towrards Dyrneset in a beutiful countryside Open: 20.6 - 18.8: Monday to Friday 11-18, or by appointment all year Lundhaug 8960 Hommelstø **2** 95 75 68 95 Email: abjoerga@online.no

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Hildurs Urterarium - Food - Wine and herb garden 84

Tilrem - N-8900 Brønnøysund 75 02 52 12 - 75 02 51 34 Fax: 75 02 51 07 www.hildurs.no Email: urterar@frisurf.no Open from medio June - Aug.10-17 (farmshop and garden). Lunch from wood fired stove. Please book ahead for indoor arrangments from 6-60 people + busgroupes. Open all year.

8 🗶 🛛

Admission garden: Kr.40 Children under 12 yrs.: free.



free. The best pizza in Northern Norway

 Image: Markow and the services and fishing.

 Image: Markow and the services and fishing.

Vega is an archipelago comprising 6000 islands. Most people live on the main island of Vega and on Ylvingen. Vega and Ylvingen can be reached by ferry from Horn or Tjøtta or by express boat from Brønnøysund and Sandnessjøen.

The Vega islands were placed on the prestigious World Heritage List on 1 July 2004. Generations of fisherman and farmers over the past 1500 years have maintained a viable way of living in an extremely weatherworn area near the Arctic Circle, based on the unique tradition in which the local women collected down from Eider nests. Experience this Heritage in the summer while enjoying a cruise in the archipelago. Tickets at the Tourist information.

The fisheryharbour at Nes



Vega <mark>P</mark>

Visit Vega church (1864) and the local museum at Gladstad. The harbor in Vegstein has an old fashioned store and a collection of old tools and boat engines. The harbor also has a unique museum documenting the importance of the eider duck. Vega Havhotell's gourmet meals are recommended.

The historic monument at Middagsskarheia gives some insight into how Stone Age people lived. Excellent cycling conditions on both Vega and Ylvingen. Paddling as well as walking tours on marked trails.

THE ISLAND YLVINGEN

Shop and café in the harbor. Visit the military installation from the Second World War including 6 canon positions.

Tourist Information Gladstad N-8980 Vega Tel: 75 03 53 88 - Fax 75 03 51 01 www.visitvega.no Email: post@visitvega.no Vega municipality, Tel: 75 03 58 00 - Fax: 75 03 51 01 www.vega.kommune.no Email: postkasse@vega.kommune.no

Vega Havhotell VFGA





85

If atmosphere, view and rooms filled with light inspires - leave the ordinary

- If sleeping in soft beds is slightly important choose a great hotel
- If food as tasteful fish and seafood can stimulate good living think of the ocean.
- If a down to earth environment and thoughtfullness affects you choose Vega Havhotell

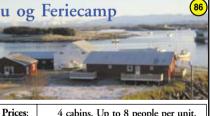


Vega Havhotell: Viksås N-8980 Vega; Telefon.: 75 03 64 00; Telefax: 75 03 64 01; www.havhotellene.no

Andersnesset Rorbu og Feriecamp

v/Jorunn og Kato Fredriksen Holand N-8980 Vega **7** 41 61 50 08 Fax: 75 03 65 95 Email: kato-fr@frisurf.no www.andersnesset.no

Fisherman's cabins Guestport Guestport Î 50 kr



4 cabins. Up to 8 people per unit. Cabin w/2 bedrooms 700/night, 4200/week Cabin no bedrooms 550/night, 3300/week 50 kr Boatrental 450 - 550 kr 30 kr



You will find tour suggestions and travel tips onwww.rv17.no

Vega Opplevelsesferie

Husøva Brygge - Nes - N-8980 Vega **a** 415 69 859 - 97 75 13 08 Email: sjoh-nil@online.no www.vegaopplevelsesferie.no

- High quality fisherman's huts built in 2006
- 5 boats for rent
- Crabfishing and fishing
- Outdoor whirlpool



Gardsøya Rorbuer Gardsøva N-8980 Vega **5** 957 68 028 Fax: 75 03 51 70 Email: post@gardsoyarorbuer.no www.gardsoyarorbuer.no

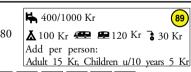
> New fisherman's cabins - built 2006



Vega Camping Floa, N-8980 Vega 50 080 Fax: 75 03 61 80 Email: vega.camping@c2i.net ▣ Ϫ┡ 🖾 ౙ ౙ 🍰 ট 🖉 🛦 🛠 🖯



900 Kr/night 5500 Kr/week



Booking: www.rv17.no

v v Vevelstad



Vevelstad church Foto: Jøran Johansen

This is one of Norway's smallest municipalities, with only 520 inhabitants. Centrally located between Brønnøy and Alstahaug with Rv17 as a major artery going right through.

When driving along the Kystriksveien, you will see both Vevelstad Church (1796) and Vevelstad Museum. Along the way you want to see "Opus for heaven and earth" which is the municipality's contribution to Nordland's Sculpture Landscape. In Vevelstad you will find a 3-4000 year-old rock carving field, well marked from the road. The 200 year old trading ★ 516 ⊕ 530 km² ↓ Vevelstad Agriculture, public services, fishing and sea-farming.

post of Forvikgården lies just by the ferry quay at Forvik.

At Lauknes you can enjoy camping with a fantastic ocean view. Take the ferry from Forvik to Vågsodden on Hamnøy where you will find Hesstun Cabin Rentals. You can also take the ferry to Stokkasjøen, and drive from there to Visthus, where the facilities include the campsite Visthus Rorbucamping. "Kremmertorget" at Visthus is a sales center for local traditional food and arts and crafts.

The wilderness centre Bønå Villmarkssenter is situated right at the end of Vistenfjord, Norway's cleanest fjord. This is a good point of departure for tours into large virgin natural areas.

Tourist Information for Sør-Helgeland Destination Helgeland as: Tel: 75 01 80 00- Fax: 75 01 80 01 www.visithelgeland.com Email: post@visithelgeland.com



Visthus Rorbucamping

N-8870 Visthus 75 03 77 11 Fax: 75 03 77 11 Email: post@visthus.com www.visthus.com

Apartments and cabins of high standard. Located by Vistenfjorden, Norway's cleanest fjord. Diving Compressor and freezer facilities.



 m
 Week:

 550-850
 Kr
 3300-5100
 Kr

 Discount in off-season.
 Take ferry
 from Forvik or Tjøtta to Stokkvågen.

Hesstun Hytteutleie

Hesstun, N-8976 Vevelstad **2** 917 03 475 - 75 03 72 57 Fax: 75 03 72 57 Email: bjarnpet@frisurf.no www.freewebs.com/hamnoya

		9
Cabins 4	400-500	Kr
Apartment	s 600	Kr

Alstahaug

 ℟ 7306 ⊕ 215 km² ▲ Sandnessjøen Industry, commodity trade and agriculture.



Vindenes hus. Artscape Nordland.

In this part of Helgeland there are a number of well-known places related to important persons and events in Norwegian history.

Øyvind Skalde-spiller and Hårek på Tjøtta from Snorre's Saga should be mentioned. Hårek, for instance, was the most powerful Viking chief in North-Norway at the time, and one of the leaders of the peasant army in the battle of Stiklestad (where Saint Olav was killed).Tjøtta couches the Russian and International cemetery from the Second World War. This is the final resting place of POWs who died in various places in northern Norway and the casualties from the prisoner ship "Rigel" which was sunk by Allied planes in 1944. In all, 9,500 people are buried here.

THE SEVEN SISTERS

The famous mountains is easy to recognise from both sea and land. The altitude of the highest peak is 1072 metres. All peaks can be reached without climbing equipment and there are marked trails.

PETTER DASS - MUSEUM AT ALSTAHAUG AND ALSTAHAUG CHURCH

300 years ago, Alstahaug was the main seat of the poet and minister Petter Dass and center of his activities. You can visit the Medieval church and the old parsage, which is now a museum, at Alstahaug, near Kystriksveien running between Tjøtta and Sandnessjøen. This place is also the millennium place in Nordland and a new museum building will be opened 16th of June 2007. There are guided trips at the museum during the summer season which are recommended.

SANDNESSJØEN

Sandnessjøen is a commercial centre with shops and restaurants. Sandnessjøen is the gateway to the islands and other parts of Helgeland, which can be reached by express boat.





Tjøtta church

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SKERRY CRUISE

Ferry or express boat cruises are arranged to the skerries during the summer. Please get in touch with the Tourist Information Office or Helgeland Trafikkselskap for further details.

Helgelandskysten Reiseliv

Sandnessjøen Tourist Office Boks 414, 8801 Sandnessjøen Tel. 75 04 45 00 • Fax 75 04 64 94 E-mail: post@helgelandskysten.com Web: www.helgelandskysten.com



WWW.rv17.no Booking - Information - Web-shop

Sandnessjøen Camping

Steiro, N-8800 Sandnessjøen **7**75 04 54 40 Email: post@ssj.no www.ssj.no

Best view towards the mt. "De syv søstre" and fairway. Next to the sea, by Kystriksveien, 10 km ▲ 🕰 👗 🕹 🗟 🕑 🛒 🕍 south of Sandnessjøen.

98

Petter Dass-museet Alstahaug

New museum opens on 16 June 2007! Petter Dass Days: 16 - 23 June

Opening hours 2007 Summer: 17. June - 19. August: Mon-Fri: 10-19 Winter: Mon-Fri: 10-16. Sat-Sun: 11-16

You will find us along higway Rv17, just 20 km south of Sandnessjøen. Cafè, museum gift shop and guided tours. Welcome!

www.petterdass.no

www.helgelandmuseum.no

Belsvåg Gård & Camping Alstahaug, N-8800 Sandnessjøen **7** 75 04 53 19



• 800 m. from Alstahaugtunet and Petter Dass church

• 20 km. from Sandnessjøen/Tjøtta





Join us on a ROUND-TRIP excursion via express boat (100)

Take a break from the traffic and enjoy the coastal freedom and charm of the archivelago.



elgelandske.no-www.helgelandske.no

Rica Hotel Sandnessjøen

Torolv Kveldulvsons gt. 16, N-8800 Sandnessjøen **7** 75 06 50 00 Email:rica.hotel.sandnessjoen@rica.no www.rica.no



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Monday - Thursday: 10.00 - 23.00 Friday - Saturday: 10.00 - 24.00 Sunday: 10.00 - 23.00

👖 Herøy

校 1725 (1) 61 km² 山山 Silvalen Sea farming, industry, fishing and agriculture



Husvær

The island Herøy can be reached by ferry or express boat from Sandnessjøen, or the bridge built in 1999,(connects the two islands Herøy and Dønna). Or you can take the express boat from Vega. The population lives mainly on the largest islands which is connected with bridges, ferries and express boats. Herøy has very variety skerries which is like an eldorado for people that like the ocean. Grab your bike and take it with you on some island-jumping (bike and express boat). Herøy got a flat passable terrain. In the season there are good possibilities for hunting (Ex. goose) or you can fish crabs. Herøy Bygdesamling, with one of the county's

biggest collections of fish and catch, has a strategic position at Herøy rectory county courtyard on South Herøy. Herøy church, often termed the "Helgeland Cathedral" lies near by. From the town centre of Herøy to Sandnessjøen is about 15 km. Travel time to/from Sandnessjøen is 20 min via the Express Catamaran. You can also travel to Herøy via the ferry from Søvik (travel time about30 min) or from Sandnessjøen via Bjørn (on Dønna, travel time about 25 min).

Tourist Information

Herøy Tourist Information 8850 Herøy Tel. 75 05 81 10 or Sandnessjøen Tourist Information 75 04 45 00

Sjøtrans Rorbuer

8850 Herøy

☎ 971 13 699 Fax: 75 05 86 67 www.sjotransrorbu.com Email: havtrans@online.no

2 fisherman's cabins of high standard. Each unit has 2 bedrooms and sleeps 5 people. Nice area for fishing.



👚 750 Kr



Herøy Brygge N-8850 Herøy 75 05 93 10 Fax 75 05 86 67

700 Kr 850 Kr incl. breakfast incl. breakfast Extra bed 145 Kr/pers incl. breakfast

Our restaurant specializes in fish. Outdoor cafe on the wharf during summer. Large guestharbour. Electricity, water refilling and diesel for boats.



Høgtun Sjøcamping N-8850 Herøy 75 05 83 10 www.hogtun-sjocamping.com

We are located in marine surroundings, excellent for fishing and crabfishing. A fishingmap is available and we offer facilities for preperation and freezing of fish. Boat hire. Outside tub.











søya coastal farm museum, Nordvika trading post and Dønnes farm.

🕅 1528 🌐 192 km² 💾 Solfiellsiøen

Agriculture, sea farming, fishing and

public service

Dønna has a rich and varied landscape with high mountains, wooded hills,

View from Dønnesfjellstua.

This region in Helgeland covers the islands of Dønna, Løkta and Vandve. You can reach Dønna by ferry from Sandnessjøen or you can go by ferry to Herøy and drive across to Dønna

At Glein there is a unique stone phallus – a symbol of fertility, and a heritage site with open Viking graves. There is a beautiful Medieval church (1130) with distinctive architecture and ornamentation at Dønnes. There is also the Dønnes manor's own burial vault. Interesting sights include also Bjørn-

Dønna Tourist Information

N-8820 Dønna Tel: 75 05 46 08 Dønna municipality, N-8820 Dønna Tel: 75 05 20 00

72

fishing waters, open fields and a beautiful archipelago. From the mountain Dønnesfjellet you can see as far as Rødøy to the north and Sømna to the south. Drivable roads or tracks to the top. You can hire bicycles, canoes or boats at Dønna or go on a hike up to Dønnamannen (858m). This is the best way to enjoy the countryside and the varied animal life. You should also visit Breivika, the Dønna Riviera.

THE BJØRNSMARTNAN MARKET

– once the biggest of its kind in northern Norway – has been revived and is now an important cultural event. The market is open the second weekend in July.

Brygga, Dønna

Berfjord, N-8820 Dønna **2** 907 81 366 - 993 12 784 75 04 45 00 Email: post@brygga.com www.brygga.com

High standard apartments by the sea !





Dønnes Gård og Overnatting N-8820 Dønna **T** 75 05 56 15 - Fax 75 05 56 15

Mobil: 971 84 379 Email: donnes.gaard@monet.no www.rv17.no/donnes-gaard

K.

KULTURTS

HANH

Apart. w/one bedroom kr. 800 Apart. w/two bedrooms kr.1000 Breakfast kr. 75,- Extra bed kr.75



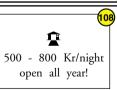


Dønnes Church w/guide - Mt. Dønnesfjellet with a view - Historic slideshow - Nature walks

Aaker Brygge

Stavseng, N-8820 Dønna **7** 75 05 48 58 Mobil: 950 63 725





New boat/ferry connection: Dønna - Lovund



 Image: White Service
 444 km²
 Image: White Service
 Leland

 Public service, fishing industry and service
 Service
 Service
 Service

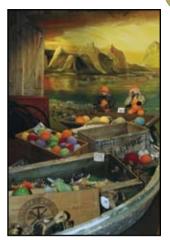
Leirfjord is centrally situated on the coast of Helgeland. From Mosjøen you can get here via highway Rv78, from Sandnessjøen via Rv17 over the Helgelandsbrua bridge, or by ferry from Nesna.

Leland is the centre for the local council area covering the Leirfjord area and has places to eat, banks, post office and shops. You will also find "The Old School", part of the Leirfjord collection of preserved buildings. The Old School has been restored to its 19th century state. The sexton and teacher's accommodation and all furnishings have also been restored to depict the same era. At Bardal, you will find Wangbrygga with its shop museum and art gallery. Food is available. Only open on weekends in the summer.

HIKING

Leirfjord has some beautiful countryside for hiking. At Fagervika, there is a signposted heritage trail with cultural

Leirfjord 📑



remains dating back over 1,000 years. We also have the Fjelltrim «mountain fit» programme with 10 checkpoints spread throughout the area. For example you can take a trip to Borgen and Veten in Bardal or to the log cabin near the lake Nylandsvannet.

Tourist Information Helgelandskysten Reiseliv see page: 65



You can buy it on www.rv17.no or call +47 74 16 36 17.



Levang Overnatting Levang, N-8890 Leirfjord 917 53 689

Open from 6.July-01.Aug * Apartments with privat bathroom and own enterence. * Bates from 500 Kr

X Café with home cooking.

Lysstøperiet Levang

Location: Next to the intersection cose to Levang ferry port.

11-16 Every day except Wednesday

Tel. 416 16 160 Fax: 75 04 93 79

post@lvsstoperiet-levang.no

8890 Leirfjord

Opening hours:

100 from the ferry port at Levang.

Send us your best vacation memory from

KYSTRIKSVEIEN Participate in this year's photography competition!

Open class photo competition. Choose your own subject/theme. We prefer digital pictures, but slides and prints are also accepted. All images submitted to the competition may be used at the discretion of Kystriksveien Reiseliv. Received pictures (not digital) will be returned.

Deadline: 1 October 2007.





2007

77

1- Prize: Digital camera value kr. 2500,-2- Prize: Digital camera value kr. 1000,-3-6 Prize: Book prizes.

Kystriksveien Reiseliv as - postboks 91 - N-7701 Steinkjer. Email: post@rv17.no





Nesna Municipality is a part of the "Land of the Arctic Circle", and it is found on the coast approximately 70 kilometres south-west of Mo i Rana. The Hurtigruten (coastal express) stops at Nesna and the coastal express as well, in addition to bus connections to Mo i Rana. From Nesna, you can take the ferry to the islands of Hugla, Handnesøy and Tomma.

Nesna is a small town, but you will find all the services you need like banks, shops and petrol stations. This is where Petter Dass began his career as a poet while he worked as a curate from 1672 to 1689. Nesna is also known for its "Nesna-lobben" (traditional winter boots made of felt).

In Nesna you can enjoy a wide variety of activities, visit the Litlehaug Perennial and Herb Farm at Hugla, take a trip through breathtaking mountain scenery, deep sea rafting

℟ 1769 ⊕ 202 km² ▲ Nesna Agriculture, public services and industry.

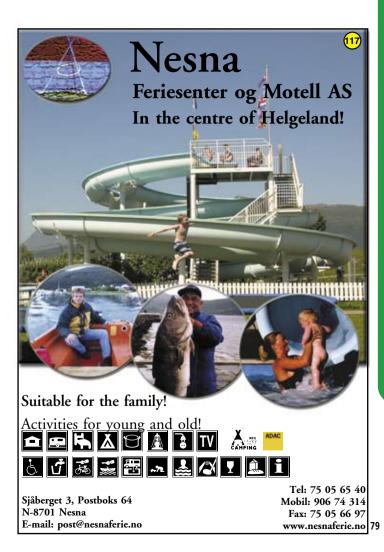


(contact Nesna Camping) or go fishing for strong willed coalfish.

VIEWPOINT

There are several marked trails in the area, also in the mountains. Bjørndalen and Hamarøysanden are two places to ask for. On Tomma you can visit the Finnvikdalen Valley featuring the world's largest Southern Samí turf hut. Along Rv17, north of Nesna center, you can stop at the mountain Sjonfjellet for a scenic view over the skerries of Helgeland.

Tourist Information contact: Nesna municipality Servicetorget Tel: 75 06 70 00



Nesnastasjonen AS

Havnev. 4 N-8700 Nesna by the ferry port **a** 75 05 60 07 - Fax 75 05 61 87

Email: nesna.stasjon@shell-oljesenter.com



- Refueling for boats, cash machine.
 - Tyres, batteries propane.

equipment

• Separate section for

boat and fishing

Litlehaug Staude & Urtegård

N-8720 Vikholmen (Hugløya) 75 05 77 13 - Mob: 993 75 028 Email: fagervik@c2i.net www.rv17.no/litlehaug

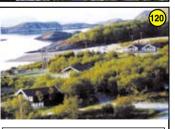


300 - 800 Kr Week kr. 4000,-You may order breakfast and dinner. Guided tour in the herb garden incl. a meal. kr. 200,-. Marked trails.

X 🖌 🛒 🖬 🎞 🏾

Tomma Hytteutleie 8723 Husby 75 05 71 17 - 970 89 348 Email: petra@tomma.no www.tomma.no

The cabins are well-equipped w/ water, toilet/shower, sauna and freezers. Boat w/ outboard motor is included in rental price. Here you can also rent the world's largest Southern Samí turf hut. Finnvikdalen Valley offers excellent bathing conditions with nice sand beaches and smooth rocky slopes along water's edge.



▲ From 825 - 1980 kr per night





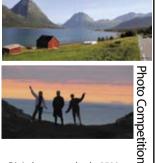
Ferry timetables to the Nesna Islands: page 121

Send us your best vacation memory from

KYSTRIKSVEIEN

Participate in this year's photography competition!

Open class photo competition. Choose your own subject/theme. We prefer digital pictures, but slides and prints are also accepted. All images submitted to the competition may be used at the discretion of Kystriksveien Reiseliv. Received pictures (not digital) will be returned.



2007

1- Prize: Digital camera value kr. 2500,-2- Prize: Digital camera value kr. 1000,-3-6 Prize: Book prizes.

Kystriksveien Reiseliv as - postboks 91 - N-7701 Steinkjer.Email: post@rv17.no 🛛

Tourist road Helgeland Facilities for travellers along RV17



Along RV17 between Lurøy and Gildeskål, the Road Authority has carried out measures aimed at making the journey a great experience for tavellers.

It has built a number of picnic areas with view points, put up tourist information boards, arried out cleaning operations and cooprated with the tourist industy to improve services for travellers.

Areas affected by the meaures are marked on the map.

www.turistveg.no

Going on a trip ?

Call 175 for information about ferries, emptying your motorbome, trafficinformation and more.....

Enjoy the trip!



Statens vegvesen Region nord

Lurøy



The islands of Lurøy show nature at its best. The people here live in small communities on the mainland or the islands, with easy access to nature and outdoor activities.

The varied landscape offers numerous opportunities for recreation. The sea attracts boating enthusiasts, while anglers can choose between ocean and freshwater fishing. The unique mountain formation known as the Horseman is a famous landmark. The island of Lovund has rich bird life and a prominent fish-farming industry. Thousands of puffins arrive here during summer. Lovund has very good facilities for tourists. Learn about the island's history at the heritage centre. Grønsvik Fortress is one of the most well-preserved

ℜ 1971 ⊕ 262 km² ⊥⊥ Lurøy
 Fishing, sea farming and agriculture.

German fortresses from World War II. It is close to Kystriksveien (Road17) and has a car park with a picnic area and a tourist office.

OTHER ATTRACTIONS

Lurøy coastal museum, Lurøy church (the local council's millennium site), Tonnes cave, Lurøy farm and renaissance garden. There are several daily trips from Tonnes marina to the Arctic Circle Island with the Arctic Circle memorial. There are also guided tours from Tonnes marina to the Hestmannen (Horseman) mountain. Catch the ferry from Stokkvågen, while the express boat departs from Stokkvågen, Tonnes, Sandnessjøen and Nesna on the mainland.

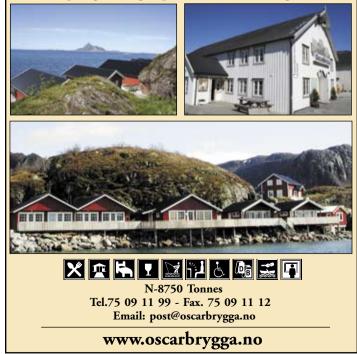
Tourist Information

Attn: Grønnsvik Kystfort N-8730 Bratland Tel: 75 11 01 87 Relax in peaceful surroundings and try your luck fishing! (122

OscarBrygga

OscarBrygga at Tonnes offers a great view to mnt.Hestmannen. We have fisherman's cabins, apartments and rooms.

Enjoy a meal at our restaurant known for a delicious fish-soup. Sightseeing trips to the sourrounding islands.



85

Lovund RorbuHotell

N-8764 Lovund Tel. 75 09 45 32 Fax. 75 09 46 50 Email: post@lovund.no

Priceexample: Fisherman's cabin, 4 persons Minivacation (mon-thu)2640 Kr Week 6545 Kr

950 Kr 725 Kr 900-1700 Kr

Flo & Fjære Turistanlegg Aldersundet, N-8730 Bratland

Boat rental kr 200 per hour. Minigolf kr 30 per set. 2 km to shop and fuel (open during daytime)



86



(12)

www.lovund.no



Exhibition is open: 2. May - 10. June: Weekdays: 10-16 11. June - 10. August: Every day : 10-18

Grønsvik Coastal fortress

Previously a German coastal fortress during the second World War, 1.5 km north of Stokkvågen along Rv17. The fortress has now been partially restored and made accessible to visitors with marked roads and walking paths. Exhibition in one of the old barracks as well as in the command bunker.

Tel.75110185 - email:gronsvik.kystfort@helgelandmuseum.no www.helgelandmuseum.no ★ 453 ⊕ 15 km² Husøy Fishing, fishing industry and sea-farming

Træna 💦



At the outer edges of the Helgeland coast, 1.5 hours from the mainland via Express Catamaran, you'll find the island society of Træna consisting of 418 islands. One of the smallest counties of Norway.

Year round habitations at Husøy and Selvær. The Træna business life largely consists of fishing, fish preparation and fish breeding, as well as tourism and different services. Træna Lighthouse was built as early as in 1877. The islands have a rich bird life, and are very well suited for those who wish to experience nature first-hand. At the island Sanna, there are many caves dug out by the sea. The most famous one is "Kirkehellar'n", which is 20

m wide, 45 m deep and 30 m high. The islands have been inhabited since the stone age, verifiable by several findings. In Langhågen, there has been found 31 house remains dating back to 2000 years B.C. At the island Sanna, one conducted archeological research in 1937-1939, finding things from older and newer stone age, iron age and the time around the black death. The Petter Dass Chapel, Træna Church (1773) and the Træna Village Museum are all worth a visit.

For tourist information, contact: Museum Manager: Turid Myhre, Tel: +47 95 27 70 89 Section leader for culture and development: Per Pedersen, Tel: +47 90 87 92 60

Træna Rorbuferie as

N-8770 Træna 🎓 75 09 53 80 - Fax 75 09 51 11 www.rorbu-ferie.com



1/1-31/12 Large cabins/fisher man's huts 900 Kr

Small cabins/fisher man's huts 700 Kr



(127

Træna Gjestegård

Welcome to Træna Gjestegård, known for excellent meals of fish. Try our fishsoup! We are located next to the Petter Dass chapel.

From Kr. 350,- per pers. in double room incl.breakfast

Træna Gjestegård, Box 40 N - 8770 Træna, Tel: 75 09 52 28 Fax: 75 09 52 29 Image: Reference with the second second

Rødøy is a coastal municipality under the Arctic Circle, the famous landmark which you cross on the Kilboghamn- Jektvik ferry, it is marked by a globe.

MOUNTAIN FORMATIONS

Rødøyløva and Hestmannen are located at Arctic C strategic points in the shipping lane. The majestic Rødøyløva, a 440 m high sphinx with a hue of reddish serpentine, is the motif for Rødøy local authority's coat of arms. The mountains are easy to climb for hikers, and there is a signposted route to both tops.

EXPLORE AND DISCOVER

Selsøyvik is an old trading post from the 1700s, which is still in operation and well worth a visit. At Myken you will find a tiny fishing community. Stay a night at the old lighthouse with the open sea as your nearest neighbour. On Nordnesøy there is a beach featuring unique



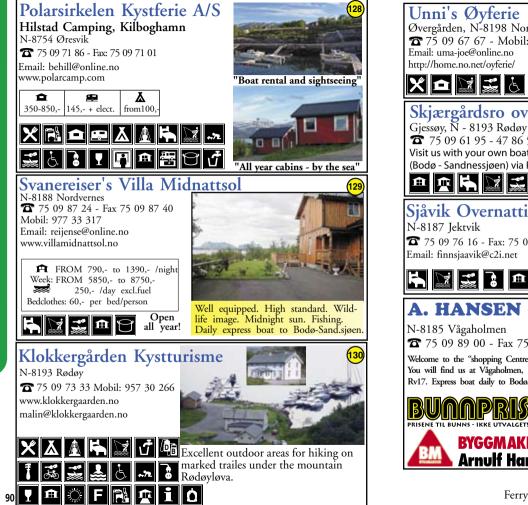
Rødøy

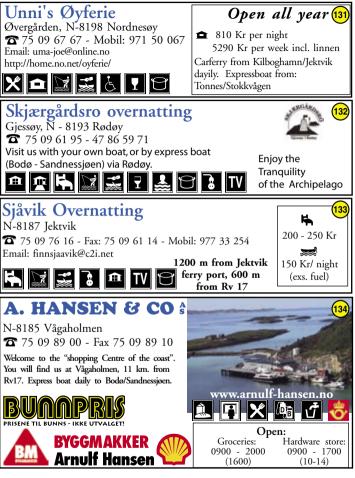
Arctic Circle memorial on the Arctic Circle Island.

limestone pillars shaped during thousands of year's worth of erosion by weather and wind. Visit the splendid Korskirken Church dating from 1884 on the island of Rødøy where you can also experience glass artwork and the museum. Beneath the Rødøyløva mountain lies a popular outdoor area with its long and white sandy beaches. The pride of our municipality is Nordfjorden, which is situated within the Saltfjellet/Svartisen National Park. Come and enjoy a boat trip on the fjord and watch the seals.

Tourist Information:

Arctic Circle Travel-Polarsirkelen Reiseliv Tel: +47 75 13 92 00 www.arctic-circle.no





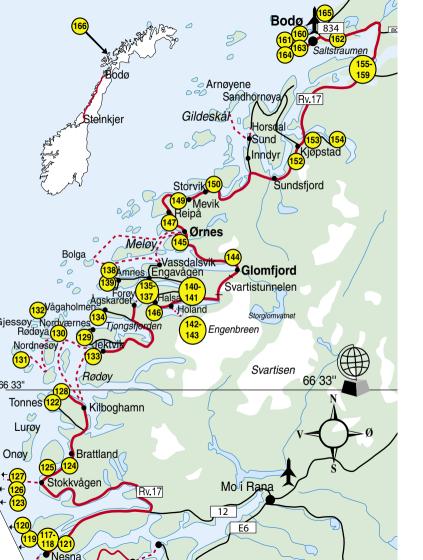


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Experience the Svartisen glacier IN MELØY, our amazing mountains and the world's most beautiful coastline!

GLACIAL HIKES / MOUNTAIN HIKES:

The Svartisen Tourist Centre offers guided glacial hikes daily on the Engen glacier arm during the entire summer season. Rental bikes are available on the shuttle boat. Lunch packs may be purchased at the tourist centre. This area also features a T-marked trail from the foot of the glacier leading up to the Norwegian Tour Association's (DNT) cabin at Tåkeheimen (1171 masl). The T-marking begins at the end of the gravel



road. Allow for a 4-hour walk each way. The trail continues from Tåkeheimen up to Helgelandsbukken (1454 masl). Fantastic view!

Shuttle Boat to Svartisen Glacier: Engen Skyssbåter has departures from Holand during the summer season. Parking is available at the tourist information office or down near the dock.

THE GLOMFJORD MOUNTAINS:

Take Fjellveien from Fykan, RV 17 (between the Svartis tunnel and the Fykan tunnel) and continue for about 9 km up into the Glomfjord Mountains. There are marked walking trails in a variety of directions starting from the parking area at Namnlausvann. On the drive up, you will pass by the Storglomvass Dam - a huge structure containing a water reservoir filled with 3.5 million cubic metres of water, i.e. 500 litres for every person in the world. Suggested Day Trip: There is T-marking from Namnlausvann going east towards Gråtådalsstua.



After about 2 hours of walking, you come to the "Gamma" hut. It is open for use, has a wood-burning stove and propane-fuelled cooking equipment along with overnight accommodation for 4 to 5 persons (on the floor). Here you can enjoy walking in Norway's largest contiguous limestone area ABOVE the tree line. Easy terrain to walk.

COASTAL EXPERIENCES:

Take the ferry from Ørnes and Vassdalsvik or the Express Catamaran from Ørnes and Grønøy out among the islands. Go ashore on Bolga, Meløy or Støtt and enjoy beautiful sandy beaches, excellent fishing and a variety of walking trails. Bolga and Meløy both feature well-stocked general stores with postal/banking services and excellent local pubs with varied menus and specialties such as

Tourist Information:

Tel: +47 75 75 48 88 e-mail: randi@mnu.no www.meloyinfo.no "The Gateway to Svartisen", Holand: Open from mid-May to mid-September.



Navnløsvann

Grilled Halibut, Steamed Cod and much more!

USEFUL INTERNET ADDRESSES:

www.meloy.kommune. no with references such as Fjelltrimmen (Mountain Trim) – Meløy Fritidsbad (i.e., Public Recreational Bathing), "Sommerdagan" (i.e. Meløy Summer Festival), Glomfjord Alpine Ski Center. www.glomfjordindustripark.no Glomfjord Industripark, www.glomfjordalpinsenter.no www.bot.no Bodø & Omegn turistforening www.bolga.no www.svartisen.no

Handy Hiking/Walking Guide: "På tur i Meløy" (Norwegian language, but lots of maps)







office at Holand.

Discover Svartisen - www.svartisen.no SVARTISEN AS

N-8178 Halsa Tel: 75 75 11 00 Fax: 75 75 10 99 Email: line@svartisen.no

Norway's second largest glacier. The Engenbreen extension is situated just 20 masl, which makes it the lowest lying glacier on continental Europe, and therefore easily accessbile.

The shuttle boat from Holand takes 10 min. Transport by bus from the dock to the glacier. Tourist center: Full-service bar. You simply must taste our Arctic char or Svartis mutton. Local postal stamp.

Glacial Tours. Do you want to walk atop the Svartisen Glacier? There are daily excursions up on the ice with tour leaders: *4-5 hour glacial tour NOK 800 *1-2 hour glacial

tour NOK 400 Fishing Permit. Cabin rental. Outdoor camp. Here vou can rent a Samí-style teepee facing the glacier. Excellent fishing conditions. Kayak rentals.

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	ENGEN SKYSSBÅT	Departure	20/5 - 10/9 143
	and the second se	Holand	Svartisen
	N-8178 Halsa. Tel: 994 03 000/ 75 75 47 99	0800a	0745a
	Fax: 75 75 47 98 Email: skyssb@online.no	1000c	0940c
		1030b	1015b
		1110	1050
	Vassdalsvik Glomfjord	1200	1140
		1310c	1250c
	Engavågen	1420	1400
	Amnes	1515	1500
	Forey	1630c	1600c
	Halsa Holand Kilvik	1700b	1645b
	Agskardet	1730	1715
	Brasetvik Engen	1840c	1830c
	Svartisen breen	1955c	1945c
		2110b	2100b
	Svartisen	a) Except Sat	turday and Sunday
	Svarusen	b) Valid 1.7	
		c) valid: 10.6	
			takes 10 min.
			till 3 hours: 40,-
	Price (round trip): a: 90,- c: 50,- gr. over 20: 70,-	over 3 hours:	
		A	¥ 🛛
98			

Clomfiord Hotell N-8160 Glomfjord 75 75 25 00 Fax: 75 75 20 96 Email: info@glomfjordhotell.no www.glomfjordhotell.no

- 25 rooms 47 beds
- Cafeteria/restaurant
- Pub & bar
- Along Kystriksveien (Rv17)
- 15 km from Svartisen

Glomfjord = an old industrial town (Statkraft, Norsk Hydro) Road to the mount.area.

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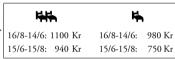


N-8150 Ørnes 75 75 45 99 Fax: 75 75 47 69 Email: info@orneshotell.no www.orneshotell.no

- 24 rooms 50 beds
- Cafeteria/restaurant
- Pub/dancing
- Along Kystriksveien (Rv17)
- 33 km from Svartisen Ørnes = community center. Daily coastal express/Hurtigruten(north-south)

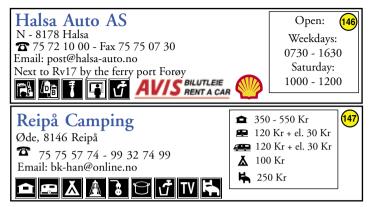














Learn more about Kystriksveien!

Kystriksveien Travel Guide. You can buy it on www.rv17.no or call +47 74 16 36 17.



 Image: Markow 2107
 Image: Markow 2107
 Image: Markow 2107
 Image: Markow 2107

 Sea farming and related businesses
 Image: Markow 2107
 Image: Markow 2107
 Image: Markow 2107

Gildeskål's natural surroundings provide excellent opportunities for outdoor life. From the magnificent coastline with its fjords and countless islands, to wild mountain areas accessible from Rv17 at Sundsfjord (but: No caravans!).

In Gildeskål there

are also exciting and special caves, from "Lønngangen" near Forstranda which is suitable for families, to the more demanding cave "Greftkjelen" in Skauvolldal, 5,2 km. The flora is particularly rich, including a large variety of species of orchid. The island of Sør-Fugløy is the haunt of a colony of puffins and the white-tailed eagle is not an unusual sight. Seals can often be seen playing on the islets and in the sounds. All this you can explore if you take a roundtrip from Inndyr with the local express boat "Elias Blix II" (phone:+47 95737044). At the



Memorial of the submarine "KNM Uredd"

Gildeskål

islands Arnøyene and Nord-Arnøy you will find a German fortress with four cannons from World War II.

THE OLD CHURCH IN GILDESKÅL

It dates back to the first half of the 12th Century, and it lies approximately nine kilometers from Kystriksveien. Guided tours during the summer season.

Tourist Information Gildeskål municipality Tel: +47 75 76 06 00

Tel: +47 75 76 06 00 Fax: +47 75 75 75 11 E-mail: postmottak@gildeskal.kommune.no www.gildeskal.kommune.no



Mevik Camping N-8145 Storvik

75 75 61 34 - 75 75 91 07 Mobil: 916 13 760 Fax: 75 75 91 07

1/5-15/9 350-500 Kr Ô 🗩 🛲 130-150 Kr ¥ 80-100 Kr A & C / i T - B A X 🖽

30 Kr

Coop Marked Storvik N-8145 Storvik **7** 75 75 61 69



We offer a nice grocery shop with everything you need. We also have medicine outlet. At the reststop you will also find a discharge station for you motorhome. Enjoy your stop next to our beatiful beach.

Open: 10 - 20 (10-16)



Storvik - Kystriksveien's nicest rest-stop!

Photo competition **KYSTRIKSVEIEN**

Open class photo competition. Choose your own subject/theme. We prefer digital pictures, but slides and prints are also accepted. All images submitted to the competition may be used at the discretion of Kystriksveien Reiseliv. Received pictures (not digital) will be returned. Deadline: 1 October 2007.



1- Prize: Digital camera value kr. 2500,-2- Prize: Digital camera value kr. 1000,-3-6 Prize: Book prizes.

Kystriksveien Reiseliv as - postboks 91 - N-7701 Steinkjer. Email: post@rv17.no



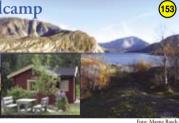
Cosy café with guest port X 🖻 📼 👗 🔛 式 🛛 next to the bridge Sandhornøybrua

Kjellingstraumen Fjordcamp Kjelling, N-8120 Nygårdssjøen

75 75 71 11 Fax: 75 75 71 11 Mobil: 911 29 480 E-mail: kjelling300@hotmail.com www.kjellingstraumen.no

Kjøpstad

1/1-31	/12
角 400-700 Kr	150-200 Kr
太 100-150 Kr	Included



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Kjellingstraumen Sjøhusferie AS

Evjen, N-8120 Nygårdsjøen 75 75 71 65 Mobil: 970 11 747 995 53 547 Fax: 75 75 71 65 Email: tro-jo5@online.no

1-11 beds from 600,-/night 3.600,-/uke 18" 550 Kr night





🖌 Bodø

Image: Relation with the sector Image: Relation with the sector



Bodø is the administrative centre for Nordland county authority. It is the northernmost town along Kystriksveien.

Bodø is a modern commercial centre situated in beautiful natural surroundings Bodø's archipelago has a multitude of small island communities and a rich bird life. No other town in the world has a greater population of white-tailed eagles. If you are lucky you may see the eagle glide across the sky, and this sight will entitle you to membership of the world's only white-tailed eagle club!

Tourist Information

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(Open all year) Destinasjon Bodø AS Postboks 514, Sjøgt. 3 N-8001 BODØ Tel: 75 54 80 00. Fax: 75 54 80 01 Epost: destinasjon@bodoe.com www.visitbodo.com

ACTIVITIES:

- Roundtrips of the skerries of Bodø
- Guided city sightseeing with bus or tram
- Guided bus tour to Saltstraumen
- Midnight trips to Mt. Rønvikfjellet (summer)
- Excursions via bus to Kjerringøy and Svartisen Glacier (summer)
- Trip to Landego light-house (summer)
- Nordlandsbadet pool/recreation and spa.

Please contact the tourist information for more information.

THE NORWEGIAN AVIATION MUSEUM

The complete history of Norwegian aviation is presented here. The museum's exhibitions give a broad overview of both



civil and military aviation history, from mankind's indomitable dream of flying to the amazing realisation of that dream. The most popular exhibits are the U.S. spy plane U2, Junkers 52, Catalina and Mosquito.

KJERRINGØY OLD TRADING POST

Kjerringøy was one of the wealthiest trading centres in the county of Nordland in the last century. Today it comprises 15 listed buildings with almost intact interiors and a service building with a café, multivision show and tourist information office. The service building is an exact copy of an old cowshed that was demolished in 1892.

SALTSTRAUMEN

The world's strongest tidal cur-

rent is found by Rv 17, 33 km south of the centre of Bodø. The tidal current, which occurs every six hours, is caused by 400 million cubic metres of water flowing through the 3 km long and 150 m wide strait between Saltenfjor-

Bodø

den and Skjerstadfjorden at a speed of up to 20 knots. You can obtain tide tables at the tourist information office, www. visitbodo.com and from local shops. World famous for ocean fishing and current diving. Pollock, cod, halibut, wolf fish are among the specialities. The worlds largest pollock caught using a rod weighed 22.7 kg and was caught in Saltstraumen. The area features walking paths among beautiful recreational nature including relics from the Stone Age (9800 years ago) and the Viking Age, a local museum, historical centre and art gallery.

Tourist Information

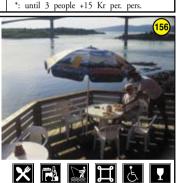
Destinasjon Bodø AS Tel: +47 75 54 80 00 Saltstraumen Camping Knaplund, N-8056 Saltstraumen ☎ 75 58 75 60 Fax: 75 58 75 40 Email: salcampi@online.no www.saltstraumen-camping.no

Close to shop, postoffice, gas station and bus.



Kafe Kjelen D/A Ripnes N-8056 Saltstraumen ☎ 75 58 75 29 Fax 75 58 75 29 www.destinasjon-saltstraumen.com

We serve "Møsbrømslefse" a traditonal lefse. Dinner. Sale and rental of fishing equipment. The best view of Saltstraumen. The facilities can be rented for private parties.

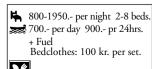


■ 140* Kr ■ 120* Kr 3 30 Kr 110* Kr 550-670-1000 Kr

55



Saltstraumen Fiske-Camp N-8056 Saltstraumen ☎ 75 58 71 38 - 907 03 661 Fax: 75 58 71 01 Email: saltstraumenfiske-camp@c2i.net www.saltstraumen-fiskecamp.no



Excursions in the archipelago • Hot Tubs • Social Activities (158) Fishing • Salstraum Rafting • Sea Eagle Safaris • Golf Muligher for the constant Kun 2,5 timer Fra We also offer accommodation in nice Bungalows Boks 55 N-8056 Saltstraumen Tel: +47 75 50 65 60 Fax: +47 75 58 75 70 Mail: hotell@isaltstraumen.no_www.isaltstraumen.no Prehistoric centre with family activities and accommodation. (159) Experience the worlds strongest maelstrom. Saltstraumen 9800 vears of living cultur and history Tuvsjyen AS, Riksvei 812, Tuv 8056 Saltstraumen. Tel.:75587791 Authentic Stone Age food. Rica Hotel Bodø Sjøgt. 23 N - 8006 Bodø www.rica.no **2** 75 54 70 00 Fax: 75 54 70 55 Email: rica.hotel.bodoe@rica.no



NORWEGIAN AVIATION MUSEUM

Exciting exhibitions, flight simulator, nice café, guided tours, events etc.

Opening hours (summer): Mon-Sun: 10-18 Opening hours (winter): Mon-Fri: 10-16 Sat-Sun: 11-17

片 🗙 占 🗜

Olav V gt, 8006 Bodø - Tlf: 75 50 78 50 - www.luftfart.museum.no

Bodøsjøen Camping
Båtstøveien 1
N-8013 Bodø
T 75 56 36 80 - 952 48 971
Fax: 75 56 46 89



250 - 790 kr Ô

Location close to downtown - yet far from city trappings. Idyllic, naturally beautiful surroundings - near the mouth of the Salten Fjord. Walking distance to Nordlandshallen, Bodø Spectrum / Badeland, two shopping centers and the National Norwegian Aviation Museum, and nice walking areas. Near airport, train station, Coastal Express (Hurtigruten) and auto-ferry to Lofoten. 45 cabins -72 camping spaces w/power

Geitvågen Bad og Camping

Geitvågen, PB 351, N-8001 Bodø 75 51 01 42 - Fax: 75 52 49 58

Season 26. May - 19. August.

At the end of Kystriksveien - 10 km north of Bodø. View to Landegode and the midnight sun. 16 cabins - 62 beds. Prices from kr. 350-600 per night. 300 caravans, 260 power - outlets. Cafe. NCC/KNA members 10 % off. Weekly discounts.

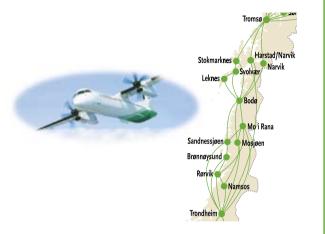




long-term rental off season



Fly to exciting destinations along the Kystriksveien



Fly as much as you want during a two-week period with our Norge Rundt ticket (valid between 24 June and 27 August) or take advantage of our reasonably-priced one-way tickets

Get more info and book your flight on www.wideroe.no wideroe

Fly and bike - langs Kystriksveien

Widerø flies to Namsos, Rørvik, Brønnøysund, Sandnessjøen and Bodø. Bikes may be rented at most Tourist Information offices. Be sure to reserve your bikes well in advance. You will incur a additional charge for bikes that will be picked up at one location and dropped off at another. Excellent opportunities to combine ferry and express boat routes along the way.

The Kystriksveien coastal route from Namsos – Bodø represents an 8-day trip. Comfortable daily legs are possible consisting of a combination of cycling, ferry and boat rides. See our tour recommendations on www.rv17.no. One-way rentals originating in Namsos are available.

Popular Trips:

Island hopping along the Namdalskysten coastline via expressboat. The Namdalingen will take you to such destinations as Sør-Gjæslingan fishing village, the "biker's island" of Jøa, Rørvik on Vikna and on to Leka. **Island hopping along the Helgeland** coastline is a round-trip where you can include visits on Vega, Herøy, Dønna and Lovund. The starting point for this trip is either Brønnøysund or Sandnessjøen along Kystriksveien. **In the vicinity of Bodø**, there are numerous nice day-trips or trips covering a few days with a stops at Saltstraumen and on Sandhornøy island (accessible via bridge).



There are numerous eateries and places offering overnight accommodations along these routes. Contact us for further details or visit our website at www.rv17.no. Here you will also find updated timetables for ferries and expressboats.

REMEMBER REFLECTIVE SAFETY VESTS! You can even order them via our web-shop.

Kystriksveien - tunnelguide

Distance (from south to north):	Name of tunnel	Meter	Fan	Light
Sjøåsen - Høknes	Rødhammer	42	No	No
Sjøåsen - Høknes	Fjær	57	No	No
Namsos	Namsos Tunnel*	600	Yes	Yes
Høknes - Nordlands grensen	Bergsvik	351	No	Yes
Høknes - Nordlands grensen	Finnmo	230	No	Yes
Høylandet - Geisnes	Skrøyvstad	280	No	No
Høylandet - Geisnes	Risvik	31	No	No
Kjelleidet - Holm	Hestneset	579	No	Yes
Kjelleidet - Holm	Møllevik	100	No	Yes
Kjelleidet - Holm	Botn	38	No	Yes
Kjelleidet - Holm	Løvik	254	No	Yes
Nesna - Utskarpen	Sjonsti	368	No	Yes
Utskarpen - Stokkvågen	Sjona	2796	Yes	Yes
Utskarpen - Stokkvågen	Fornes	146	No	Yes
Utskarpen - Stokkvågen	Sila	2882	Yes	Yes
Jektvik - Ågskardet	Kista	412	No	Yes
Jektvik - Ågskardet	Straumdal	3232	Yes	Yes
Forøy - Ørnes	Svartis *	7615	Yes	Yes
Forøy - Ørnes	Fykan	1946	Yes	Yes
Forøy - Ørnes	Glomfjord	2233	Yes	Yes
Ørnes - Skaugvoll	Storvikskaret	3118	Yes	Yes
Skaugvoll - Kjellingstraumen	Skaugvoll	247	No	Yes
Skaugvoll - Kjellingstraumen	Vindvik	988	No	Yes
Skaugvoll - Kjellingstraumen	Sundsfjord	772	No	Yes
Skaugvoll - Kjellingstraumen	Eivikhammeren	258	No	Yes

*) NB! Namsos Tunnelen and Svartistunnelen in Meløy are forbidden for cycling. From Namsos centre take the Niels Bjørumsgt (street) to avoid the tunnel.



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Source: Tunnelguide for Syklister, Statens Vegvesen.

Remember to wear reflective safety vest. You can even order it on www.rv17.no

Ferries along Kystriksveien

Namsos Trafikkselskap ASA Box 128 – N-7801 Namsos Tlf. 74 21 63 00 – Fax 74 21 63 01 www.ntsasa.no

Torghatten Trafikkselskap ASA Box 103 N-8901 Brønnøysund Tlf. 75 01 81 00 – Fax 75 01 81 01 www.tts.no

Helgelandske a.s. Box 603 – N-8801 Sandnessjøen Tlf. 75 06 41 00 – Fax 75 04 02 56 www.helgelandske.no

Hurtigruten Group as Avd. Stokmarknes -Box 375 – N-8451 Stokmarknes Tlf. 76 96 76 00 – Fax 76 11 82 01 www.hurtigruten.no



NB! At the time of printing of this brochure not all of the ferry time tables where completed for the 2007 season. There there may be some changes in the schedules. Please go to www.rv17.no for timetables.

Symbols

•	€.01-7.00 m	← (100) 7.01-800 m	→ 10.00 m	10.00 m →	**	₩	∱
Car incl. driver up to 6 m.	Car/motor- caravan incl. driver 6.01-7m	caravan incl.	incl. driver up	Car with trailer incl. driver up to 12 m.	Motorbike/ scooter incl. driver	Adult	Children

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From Søvik From Austba From Herøy To Brasøy From Brasøy From Herøy	0635 × 0715 I 6 ' 1440 1510 ×	0815 I 0845 0910 DX67 I 1555	0900 0920 0945 I 7 1605 1640 I	0945 x 1030 1100 6 I 1645 x	1045 x 1125 I DX67 I 1720	1040 x 1120 l 7 l l	1225 x 1310 l 6 1920 1955	5 1315 1340 1405 1435 7 0 1 5 1845 1	1245 I 1315 1340 DX67 I 1940	1455 1 x 1 1535 1 1600 2 2115 2150	510 530 550 I 21 21 x
From Søvik From Austbø From Herøy To Brasøy From Brasøy From Herøy From Austbø	0635 x 0715 I 6 ' 1440 1510 J 1540	0815 I 0845 0910 DX67 I 1555 I	0900 0920 0945 I 7 1605 1640 I	0945 x 1030 1100 6 1645 x 1725	1045 x 1125 l DX67 l 1720 x	1040 x 1120 I 7 I I 1745	1225 x 1310 l 6 1920 1955 x	5 1315 1340 1405 1435 7 0 1 5 1845 1 0 1915	1245 I 1315 1340 DX67 I 1940 I	1455 1 x 1 1535 1 1600 7 DX56 2115 2150 x	510 530 550 1 21 21 x 22
From Søvik From Austbø From Herøy To Brasøy From Brasøy From Herøy From Austbø To Søvik	0635 × 0715 I 6 ' 1440 1510 × I 1540 1550	0815 0845 0910 DX67 1555 1625	0900 0920 0945 I 1605 1640 I 1710	0945 x 1030 1100 6 1645 x 1725	1045 x 1125 l DX67 l 1720 x 1800	1040 x 1120 l 7 7 l 1 1745 1805	1225 x 1310 l 6 1920 1955 x 2040	5 1315 1340 1405 1435 7 0 1 5 1845 1 0 1915	1245 I 1315 1340 DX67 I 1940 I 2010	1455 1 x 1 1535 1 1600 7 DX56 2115 2150 x 2230	510 530 550 1 21 21 21 x 22 22
From Søvik From Austbo From Herøy To Brasøy From Brasøy From Brasøy From Austbo To Søvik From Søvik	0635 x 0715 I 6 ' 1440 1510 J 1540 1550 x	0815 1 0845 0910 DX67 1 1555 1 1625 1635 x	0900 0920 0945 I 1605 1640 I 1710 1720	0945 x 1030 1100 6 1 1645 x 1725 1805 x 1850	1045 x 1125 l DX67 l 1720 x 1800 1855	1040 x 1120 l 7 1 1 1745 1805 1810	1225 x 1310 l 1920 1955 x 2040 2045	5 1315 1340 1405 1435 7 0 1 5 1845 1 0 1915 5 2005 x	1245 I 1315 1340 DX67 I 1940 I 2010 2015	1455 1 x 1 1535 1 1600 2115 2150 x 2230 2235	510 530 550 1 21 21 22 22 22 x
From Søvik From Austbø From Herøy To Brasøy From Brasøy From Herøy From Austbø To Søvik From Søvik From Søvik	0635 x 0715 I 6 ' 1440 1510 J 1540 1550 x	0815 1 0845 0910 DX67 1 1555 1 1625 1635 x	0900 0920 0945 1 7 1605 1640 1 1710 1720 1740	0945 x 1030 1100 6 1 1645 x 1725 1805 x	1045 x 1125 l DX67 l 1720 x 1800 1855 x	1040 x 1120 l 7 7 1 1 1745 1805 1810 l	1225 x 1310 l 1920 1955 x 2040 2045 x	5 1315 1340 1405 1435 7 0 1 5 1845 1 0 1915 5 2005 x 0 2045	1245 I 1315 1340 DX67 I 1940 I 2010 2015 I	1455 1 x 1 1535 1 1600 2115 2150 x 2230 2235 x	510 530 550 I 5
From Søvik From Austbø From Herøy To Brasøy From Brasøy From Herøy From Austbø To Søvik From Søvik From Austbø From Austbø From Herøy To Brasøy	0635 × 0715 I 6 ' 1440 1510 × 1540 1550 × 1635 I	0815 1 0845 0910 DX67 1 1555 1 1625 1635 x 1715 1	0900 0920 0945 1 7 1605 1640 1 1710 1720 1740 1 740 1	0945 x 1030 1100 6 I 1645 x 1725 1805 x 1850 1915	1045 x 1125 l DX67 l 1720 x 1800 1855 x 1935 l	1040 x 1120 l 7 7 1 1 7 7 1 1 7 5 1805 1810 1 1840 1	1225 x 1310 l 1920 1955 x 2040 2045 x 2130 l	5 1315 1340 1405 1435 7 0 1 5 1845 10 1915 5 2005 x 0 2045 2115	1245 I 1315 1340 DX67 I 1940 I 2010 2015 I 2045	1455 1 x 1 1535 1 1600 2115 2150 x 2230 2235 x 2320	510 530 550 1 21 21 22 22 22 x 23
From Søvik From Austbø From Herøy To Brasøy From Brasøy From Austbø To Søvik From Søvik From Austbø From Austbø From Herøy	0635 × 0715 I 6 ' 1440 1510 × 1540 1550 × 1635 I	0815 1 0845 0910 DX67 1 1555 1 1625 1635 x 1715 1	0900 0920 0945 1 7 1605 1640 1 1710 1720 1740 1 740 1	0945 x 1030 1100 6 I 1645 x 1725 1805 x 1850 1915	1045 x 1125 l DX67 l 1720 x 1800 1855 x 1935 l 'Frida	1040 x 1120 l 7 7 1 1 7 7 1 1 7 5 1805 1810 1 1840 1	1225 x 1310 l 1920 1955 x 2040 2045 x 2130 l	5 1315 1340 1405 1435 7 0 1 5 1845 10 1915 5 2005 x 0 2045 2115	1245 1315 1340 DX67 1 1940 1 2010 2015 1 2045 2115	1455 1 x 1 1535 1 1600 7 DX56 2115 2150 x 2230 2235 x 2320 1	510 530 550 1 211 21 x 22 22 x 23 3
From Søvik From Austbø From Herøy To Brasøy From Brasøy From Herøy From Austbø To Søvik From Søvik From Austbø From Austbø From Herøy To Brasøy	0635 × 0715 I 6 ' 1440 1510 × 1540 1550 × 1635 I	0815 0845 0910 DX67 1 1555 1 1625 1635 x 1715 1 ease cal	0900 0920 0945 1 7 1605 1640 1 1710 1720 1740 1 740 1	0945 x 1030 1100 6 1 1645 x 1725 1805 x 1850 1915 46 647 4	1045 x 1125 l DX67 l 1720 x 1800 1855 x 1935 l	1040 x 1120 l 7 7 1 1 7 7 1 1 7 5 1805 1810 1 1840 1	1225 x 1310 l 1920 1955 x 2040 2049 x 2130 l e 230	5 1315 1340 1405 1435 7 0 1 5 1845 10 1915 5 2005 x 0 2045 2115	1245 I 1315 1340 DX67 I 1940 I 2010 2015 I 2045	1455 1 x 1 1535 1 1600 7 DX56 2115 2150 x 2230 2235 x 2320 1	510 530 550 1 21 21 22 22 22 x 23

M/F Sigrid, cap: 70 cars. Mob: 480 77 015

SANDN	ESSJØ	ðen - I	DØNN	NA -	LØKT/	4				
	DX67	76	DX7	7	7	DX7	7	Dx67 [°]	125	34
From Sandnessjøer	0615	0630	0825	- I	0910	0940	1055	1155	1300	1300
From Dønna	0645	I.	0850	- I	I.	1005	1120	1220	1325	1325
From Løkta	0715	х	1	1	0950	1040	1	1 1	1400	1
From Dønna	0750	0750	0905	0840	0 1025	1115	1130	1225	1435	1335
To Sandnessjøen	0815	0815	0930	0905	5 1050	1140	1155	1250	1505	1400
	6	7 3	4 7	7 1	D D	5	67 123	4 57	6	DX6
From Sandnessjøen	1300	1315 1	410 14	20 1	530 17	745 1	940 200	0 214	5 214	45 2245
From Dønna	1325	1340 1	435 14	45 1	600 18	310 2	010 203	0 221	0 22	10 2310
From Løkta	1	1	I	1	630	12	040 210	0 1	I	1
From Dønna	1440	1350 1	440 14	55 1	705 18	320 2	115 213	5 221	5 I	2315
To Sandnessjøen	1505	1415 1	505 15	525 1	730 18	345 2	140 220	0 224	0 I	2340
x) on request I) no	o servi	ice								
	_		-	_	_	_	_			
	▲ 6.0)1-7.00 m	7.01 m -	→ 8.00 m	→ 10.0	Dm 1	0.00 m →	6	1	1
79		194	22	6	158	3	237	48	28	14

Prices are for: Sandnessjøen - Dønna

New expressboat connection between Dønna and Lovund You can combine the expressboat between Dønna and Lovund with other expressboat services. A great way to explore the coastline. More information on: www.helgelandske.no

M/S Dønna, Expressboat with a capasity of aprox. 6 cars. Mob: 48168614

	1	DX136	5 7	
From Solfjellsjøen	0930	0930	1100	Only during 17.June and 19.August.
To Vandve	х	1	1	The boat allowes a limitid number of
To Lovund	1030	1020	1150	cars. Why not bring your bike along.
From Lovund	1155	1155	1530	
To Solfjellsjøen	1245	1245	1620	x) on requst please call 48168614

On this connection you can book in advance

Please call 75 06 41 00 or go to www.helgelandske.no



M/F Ald	ra, cap:3	84 cars.	Duratio	n: 30 m	in. Tel.	482 46	645				
	LEIRV	IKA - F	IEMNE	SBER	GET						
DX67	DX67	DX7	D	D	D	D	D	D	D	DX6	DX6
0625	0730	0830	0930	1030	1125	1445	1545	5 1645	1745	1915	2010
	HEMM	NESBEI	RGET -	LEIRV	IKA						
DX67	DX67	DX7	D	D	D	D	D	D	D	DX6	DX6
0650	0800	0900	1000	1100	1415	1515	1615	5 1715	1845	1945	2035
									6.4		:
			6.01-7.00 m	7.01 m	- 8.00 m	→ 10.00	n 10	.00 m →	920		
	7	'3	177	20)8	146		219	46	27	13

Ferry timetalbles on www.rv17.no

M/F Petter Dass, cap: 50 cars. Duration: ca 25 min. Tel. 480 77 014 Rv17 LEVANG - NESNA DX67 DX67 DX7 D D D D D D D D 0650 0740a 0845c 1000d 1110 1220 1330 1440 1605a/e 1715c 0600 D D D D D 1925g 2125 2215 2305 1820 Rv17 NESNA - LEVANG DX67 DX67 DX7 D D D D D D D D 0810b 0920 1035 1145 1255 1405 1530 1640 1745f 0715 0625 D D D D D 2150 2240 2335 1855 2050 Footnotes are refering to bus connections see: www.helgelandske.no

	Kr		← 6.01-7.00 m	∢ → 7.01 m - 8.00 m	→ 10.00 m	10.00 m →	ð	★	★	
		77	189	221	154	231	47	28	14	
1	D=Daily X=	Except 1=Mo	nday 2=Tueso	lay 3=Weder	nsday etc					

M/F Tomma, cap: 31 cars. Mob: 480 77 017

MESN/	A - NES	NAØYI	ENE						
	DX67	DX7	D	D	D	D	D	D	DX6
From Tomma	0540	0710	0845	1105	1	1510	1720	1900	2030
From Handnesø	ya x	0720	0855	1115	1	1520	1730) x	х
From Vikholmer	n x	0735	0905	1130	1350	1535	1745	x	х
From Nesna	0625	0755	0930	1150	1400	1555	1800	1940	2110
	DX67	DX7	D	D	D	D	D	D	DX6
From Nesna	0630	0800	1020	1150	1410	1615	1810	1945	2115
From Vikholmer	n x	0810	1030	1200	1420	1625	х	х	х
From Handnese	yax	0825	1045	1	1435	1640	х	х	х
To Tomma	0710	0840	1100	1	1500	1700	1855	2025	2205

x) on request l) no service

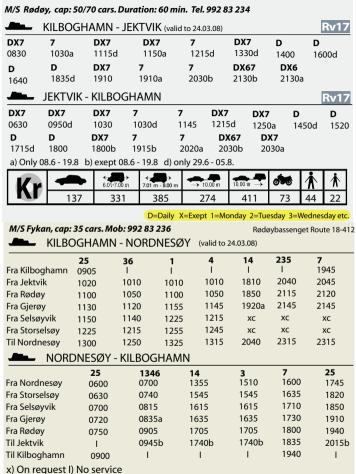
Kr		€.01-7.00 m	√ 7.01 m - 8.00 m	→ 10.00 m	10.00 m →	**	★	★
	82	201	235	164	246	50	29	15

Prices are for: Nesna-Tomma

M/F Lurøy, cap: 49 cars. Mob: 970 56 167

LOVU	ND - S	SLENES	ET - ONØ	iY - S	TOKK	VÅGEN			
	DX67	6	7 C	DX67	7	6	DX67	7	DX67
From Lovund	0545	0645	0745 1	130	I	1600	1700	1705	x (2230)
From Sleneset	0640	0740	0840 12	230	1210	1655	1800	1800	1
From Onøy	0725	0825	0920 1	315	1250	1735	1840	1845	1
To Stokkvågen	0810	0910	1005 14	400	1335	1820	1925	1930	x (0005)
	DX67	7	6	7	DX67	6	DX67	7	DX67
From Stokkvåger	0900 ר	1010	1030 1	345	1420	1830	1940	1945	xb (0010)
From Onøy	0945	1055	1115 14	430	1500	x	2020a	х	I I
From Sleneset	1030	1140	1200 1	510	1545	х	2105	х	I I
To Lovund	1125	I.	1255 10	605	1645	2050	2205	2210	x (0150)
a) Coresponde	ce with	o boatrou	ute 18-19 ⁻	1 "Tra	enarut	en"			
b) On request -	call 9	70 56 16	7 before 2	21.30					
x) on request o	all the	ferry on	9705616	7 l)n	o seriv	ice			
		← 100 → 6.01-7.00 m	← 7.01 m - 8.00 m		10.00 m	10.00 m →	6	\$ 1	
2	01	479	560	4	402	603	10	0 6	0 30

D=Daily X=Except 1=Monday 2=Tuesday 3=Wedensday etc.



a) corr. with Nordlandsekspressen b) corresponds with ferry to Kilboghamn

122 c) On signal contact the vessel directly before departure Gjerøy

M/F Boaøv, cap: 35 cars. Duration: 10 min. Tel. 992 83 205

	AGSKARDET - FORØY (Valid untill 24.03.08)												
DX67	DX7	DX7	DX7	D	D	DX7	7	DX7	DX7	D	D		
0540	0645	0745	0840a	0915	1030	1110	1230	1315	1345a	1415	1520		
D 1600	DX7 1630a	D 1700	7 1800	D b 1830	DX6 1920	Dx7 2010	D f 210	DX6	7 ic 2205	DX e 225	-		
.	FOI	RØY -	ÅGSKA	RDET						E B	tv17		
DX67	DX7	DX7	DX7	D	D	DX7	7	DX7	DX7	D	D		
0550	0700	0800	0855a	0930	1045	1125	1245	1330	1400a	1430	1530		
D 1615	DX7 1645a	D 1715	7 1815	D	DX6 1935	Dx7 2025f	D	DX6 2220c	7 2220e	DX6	4		
		.,	b) not ru								-		

d) only during: 1.5 - 19.8 e) only during: 6.5 - 3.6 f) only during 01.07 to 31.7.

Kr	ţ	€.01-7.00 m	← 7.01 m - 8.00 m	→ 10.00 m	10.00 m →	1	★	₩
	52	131	154	104	156	37	22	11

M/F Gildeskål, Cap: 35 cars. Mob: 945 44 056

	SUND -	HORSDAL -	SØRARNØY	(valid untill: 24.03.08)
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Fra Sund	D 0900	15 1350	234 1420	7 1500	DX7 1615	6 1800a	7 1800	DX67 1900	
Fra Horsdal						1810a			
Til Sørarnøy	0950	1435	1455	1545	1700	1845a	1845	1945	2115

SØRARNØY - HORSDAL - SUND

	DX67	6	7	DX7	15	234	7	56	1234
Fra Sørarnøy	0700	0800	0950	1115	1435	1500	1645	1710	1810
Fra Horsdal	0740	0840	1025	1150	1510	I.	1720	1745	1845
Til Sund	0750	0850	1035	1200	1520	1535	1730	1755	1855
	-								
	6	7	5						
Fra Sørarnøy	6 1850a	7 1855	5 1945						
Fra Sørarnøy Fra Horsdal			-						
	1850a	1855	1945						

x) on request I) no service a) only during: 23.6 - 18.8

Kr	•	€.01-7.00 m	7.01 m - 8.00 m	→ 10.00 m	10.00 m →	*	★	★
	87	212	249	174	261	52	31	15

	1	2	3	4	5	6	7	x=on signa
From Ørnes	,	7	7	,	7	7	,	\uparrow = oposite
From Støtt	,	,	0545	,	,	,	,	order
From Bolga	0545	,	/	0545	,	'	,	¥ 0.000
rom Meløysund	0645	0645	0645	0645	0645	0645	,	
From Vassdalsvik	0700	0700	0700	0700	0700	0700	,	
To Ørnes d)	0735	0735	0735	0735	0735	0735	<i>'</i> ,	
From Ørnes	0800	0800	/	/	0800	0800	/	
From Vassdalsvik	0835	0835	,	,	0835	0835	0855 个	
From Meløysund	0850	0850	',	',	0850	0850	0840	
To Ørnes	0920 g)	0920 q)	',	',	0920 q)			
From Ørnes	1015	1335	1015	1015	1015	1015	0930 g/ 0945	
From Vassdalsvik	1015	/	1015	1015	1015	1015	1020	
From Meløysund	1050	1	1050	11050	1050	1050	1020	
To Støtt	/	',	/	/	1200	/	/	
To Bolga	1200		1200	1200			/ 1130	
From Bolga	1310	/	1200	1200		/	1310	
From Bolga						,		
	/	/	/	/	1310	/	/	
rom Meløysund	1410	1410	1410	1410	1410	1250	1410	
rom Vassdalsvik	1425	1425	1425	1425	1425	1305	1425	
To Ørnes	1500	1500	1500	1500	1500	1340 d)	1500 d)	
From Ørnes	1510	1510	1510	1510	1510	1340 *)	1510	
rom Støtt	/	/	/	/	/	xb)	/	
From Meløysund	1545	1545	1545	1545	1545	/	1545	
From Vassdalsvik	1600	1600	1600	1600	1600	/	1600	
From Meløysund	1615	1615	1615	1630	1615	/	1615	
From Vassdalsvik	/	/	/	1645	/	/	/	
To Ørnes	1650	1650	1650	1720	1650	1600	1650	
From Ørnes e.f)	1735	1735	1735	1735	1735	1610 f)	1700	
From Meløysund	1810	1810	1810	1825 🔶	1825 🔶	1700 1	1735	
From Vassdalsvik	1825	1825	1825	1810 🗸	1810 🗸	1645 🗸	- 1750	
rom Bolga	/	/	/	x a)	/	1755	/	
From Vassdalsvik	/	/	/	/	/	/	/	
rom Meløysund	/	/	/	2025	/	1855	/	
rom Vassdalsvik	1	/	/	2035	/	1910	/	
To Ørnes	1900	1900	1900	2110	1900	1940	1830	
From Ørnes	1915	1915	1900 *)	/	1935 f)	1950 f)	1830 *)	
rom Vassdalsvik	1950	1950	1	/	2010	2025	1	
rom Meløysund	2005	2005	/	/	2025	2040	1	
From Støtt	/	2100	xb)	,	/	/	x b)	
To Bolga	,	/	/	,	, x a)	,	/	
From Meløysund	1	'/	'/	',	2215	'/	x b)	
From Vassdalsvik	'/	',	',	,	2230	',	/	
To Ørnes	1	'	2100	,	2230	',	2045	
From Ørnes	/	/	2100	2315 f)	2300 2315 f)	/	2045 2105 f)	
	1		2105	23151)	23151)		21031)	
From Vassdalsvik		/				/		
From Meløysund	/	/	2155	2359	2359	/	2155	
To Bolga	/	/	2155	/	/	/	2155 2245	

124 Footnotes: www.hurtigruten.no

ten.no /= No service 1=Monday 2=Tuesday 3=Wedensday etc.



The fantastic Fosen



Austråttborgen, Ørland. A renassance manor on historic grounds, built in 1656.



Fosen is well known for good fishing. Both the sea, the lakes and the rivers offers a great variaty of fishing.



The museum Kystens Arv, Rissa. Here you will find boatbuilding traditions well kept, builting boats that is beeing used back in the viking era.



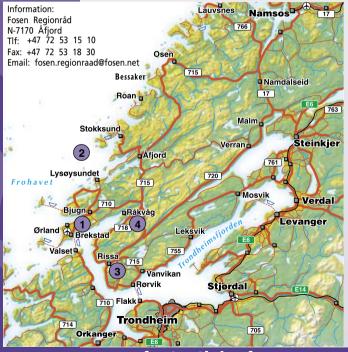
Old wharf buildings in Rakvåg. A major culture heritage from a time when the herring fishing brought prosperity.

The brochure "Fantastic Fosen" will let you learn more about sights, activities and museum on Fosen.

www.fantastiske-fosen.com

Fosen - centrally located along the coastline of Norway.

Travel the "coastal route" through central Norway!



www.fantastiske-fosen.com 127

			LSET		FLAK							
FROM BREKSTAD					FROM FLAKK			FROM RØRVIK				
1234 0620	5 0620	6	7	Dx	67 6	7	Dx67	6	7		ne of the	
		0700					0015	0015	0015	two ferr		
0720	0720	0720		004	5 0045	0045	0115	0115	0115	this cor	nection perating	
0830	0830	0830	0900	050			0530			the follo		
0930	0930	0930	1000	053			0600			schedu		
1030	1030	1030	1100	060		0600	0635	0635	0635	valid:		
1200	1200	1200	1200	063			0710					
1250	1250	1300	1250	071		0710	0745	0745	0745	FROM	FROM	
1410	1410	1430	1410	074	-		0820			FLAKK	RØRVI	
1500	1500	1530	1500	082		0820	0855	0855	0855		0015	
1550	1550	1640	1550	085			0935 1010	0935d 1010	1010	0045	0115	
1640	1640	1730	1640	093		0935	1010	1010	1010	0045 0500c	05300	
1730	1730	1830	1730	101		1045	1045	1045	1120	0600	0635	
1830	1830	1930	1830	112		1045	1155	1155	1120	0710	0745	
1930	1930	2030	1930	115		1155	1235	1235	1235	0820	0745	
2030	2030	2030	2030	123	-	1235d	1310	1310	1310d			
				131		1310	1345	1345	1345	0920	0950	
2130	2130		2130	134	5 1345	1345	1420	1420	1420	1030	1100	
2230 2230 2230 FROM VALSET			142	0 1420	1420	1455	1455	1455	1130	1200		
0645	0645			145	5 1455	1455	1530	1530	1530	1230	1300	
0745	0745	0745		153	0 15300	1530	1605	1605d	1605	1330	1400	
			0000	160	5 1605	1605	1640	1640	1640	1430	1500	
0900	0900	0900	0930	164	5	1645	1715		1715	1530	1600	
1000	1000	1000	1030	171	5 1715	1715	1750	1750	1750	1640	1710	
1100	1100	1100	1130	175	-	1750	1825		1825	1740	1810	
1225	1225	1230	1225	182		1825	1900	1900	1900	1840	1910	
1315	1315	1330	1315	190		1900	1935x	0040	1935	1940	2010	
1435	1435	1500	1435	193		1935	2010	2010	2010	2045	2115	
1525	1525	1600	1525	201		2010 2045	2045x 2115	2115	2045 2115	2145	2215	
1615	1615	1705	1615		5 2045	2045	2115 2145xc		2115	2245	2315	
1705	1705	1800	1705	214		2115	22145	2215	22145	2345		
1800	1800	1900	1800	224		2245	2315	2315	2315	c: Not S	at. & Su	
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Kystriksveien

- Tourists information for Kystriksveien, and most of Norway
- Free booking along Kystriksveien
- Books and maps about Kystriksveien
- Souvenirs postcards and stamps
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